



MAGAZINE • EVENTS • RETREATS • MARKETING • COMMUNITY

PATHWAYS SPRING 2024 EXPO!



Welcome to the Pathways Spring Natural Living Expo!

We are so happy to be gathering with our Pathways Community to welcome in the blossoming of the spring season! Spend the day exploring and engaging, getting enlightened and educated with all our wonderful exhibitors and speakers — there are some fresh new faces as well as returning favorites. We're so glad you're here!



A heartfelt thank you to our participating vendors and to our Workshop presenters, all of whom graciously share their products, passions and expertise with us — please support these businesses now and going forward. We want you to shop, network, learn and connect with one another.



Have you checked out the Online Marketplace? Many of our exhibitors are offering additional deals, some of which are redeemable at their respective booths. Be sure to visit them to take advantage of these specials.



And stop by the Pathways table to learn about our print & online advertising options, our retreats and retreat center, and to pick up your FREE EXPO TOTE BAG (*limited quantity, while supplies last*)... plus a BONUS FREE GIFT FOR THE FIRST 100 ATTENDEES WHO COME BY... a pair of Solar Eclipse Glasses (*limited one per person*)!

Stay connected with us! We need to support each other so we can all thrive. Enjoy the event, be kind to everyone, and protect our Mother Earth.

With heartfelt gratitude,
Erin, Claudia, Michelle and Amaya

Other Important Expo Information

- See Event Map & Floor Plan on the program inside back cover. Beverly, Dallas and Las Vegas workshop rooms can be accessed from the hall or through the Glass Atrium.
- Restrooms are located passed Registration in the International Foyer
- Food Trucks located outside alongside the hotel in the parking circle.

SPRING 2024 EXPO WORKSHOP SCHEDULE-AT-A-GLANCE

	Workshop Room: BEVERLY	Workshop Room: DALLAS	Workshop Room: CONTINENTAL A	Workshop Room: CONTINENTAL B	Workshop Room: CONTINENTAL C	Workshop Room: LAS VEGAS
TIME						
10:30 AM	Magical Mediumship Becky Bennett	The Future of Integrative Medicine Geo Jordano, MSc, RH (AHG)	Experience the Light Bruce McGarratle	Enlightened Soul Communication Isyael	Practical Magic for Home Harmony Olivia Bowen, ICF Certified Life Coach	Yomassage: Spa Yoga Jennifer Entremont
11:30 AM	Hypothyroidism - Do You Have It? How to Diagnose & Treat Properly Stuart Salzman	Changing Your Story Through Hypnosis to Get the Life You Want Joy Cherel Brown	Meditation With Light and Auras Mara Berman	Limitless You - Five Principles to Connect With the True You Mogame V	Live in the Present! Joseph Badaki	Puzzling with Purpose: Resaping the Benefits of Puzzling as a Hobby! Dr. Helen O'Neill
1:00 PM	Channeled Messages From The Masters Rev. Jim Webb	Clearing Your Perpetual Stories Through the Akashic Records Bill Sarda	Invitation to C.R.O.W.M., Yourself Nicole Barstie	Let's Talk About JOY! L'ora Brun	Using Biobedack Technology to Help Holistic Wellness Seekers Get To The Root Cause of Energetic Imbalances Audra K. Woodley	Sahaja Yoga - Guided Meditation Sahaja Yoga Member
2:00 PM	Mediumship: How To Connect To Your Departed Loved One Medium Annie Larson	Introduction to Ayurveda Meena Sankar	Ketamine's Role in the Psychedelic Revolution Dr. Alyson Bloom	Activate Your Inner Oracle Dahlia Rose	Sacred Death — Death Cafe Format Hernal Vora	Story Yoga — From Grief to Gratitude: Retelling of an Ancient Indian Story Vanilla
3:00 PM	From Natural to Lightworker: Guidance for Developing Your Abilities Uma Alexandra Beapat	Archangels 101 Cheryl Anne Ganzer	Unravel the Mysteries of Karma and Reincarnation! Cheryl Baker & Pam Wilson	Stop Fighting Illness and Live Wellness Johnette Armstrong	The Key to Divine Evolution... Rev. Ingrid Jolly-Troyfors	Boosting Your Brain Power and Promoting Your Child's Financial Literacy Becca Ferris
4:00 PM	You Have Your Answers Within to Unfold and Live Your Life Purpose Abundantly Mara Spencer	Judy, Sacred Sex Stacy Gayle, PT/The Love Consultant	Unleashing Your Inner Navigator: A Journey Into Cultivating Intuition Jennifer Rose	Cannabis 101: Educate & Alleviate Princess Mirabai	Living Through the Biggest Change in Human History: Preparing for the Next 3 Years John L. Petersen, Futurist	Creating Pure Far Infrared Light Patricia Scott
5:00 PM	Manifesting with Your Angels and Trusting Your Vibes Susan Lyme	9D Multi-Sensory Journeys Roanne Calico	Light Your Inner Fire Kimberly Hanke, Health & Wellness Advocate	Align with Grace Para® Yoga Nidra — The Yoga of Sleep Claudia Neuman		

PATHWAYS SPRING 2024 EXPO WORKSHOPS

Exploration • Enlightenment • Education • Engagement

Pathways Expo Workshops bring mind-body-spirit-eco topics to life! Our speakers represent some of the best and brightest in their fields. The number listed at the end of each description indicates the speaker's associated booth number.

10:30 AM



Magical Mediumship

Becky Bennett
Room: Beverly

Mediumship is the soul-to-soul connection with your departed loved one. This connection can show you that life's existence goes beyond the death of a physical body. The workshop is designed for the curious, lifelong or avid learner. | #87



The Future of Integrative Medicine

Geo Giordano, MSC, RH (AHG)

Room: Dallas

Registered Herbalist, Geo Giordano, will walk participants through an introduction into the different modalities of healing and how you can take actionable steps to your own health and vitality. | #57



Experience the Light!

Bruce McBarnette

Room: Continental A

Practitioners from Sukyo Mahikari will discuss how the "light" energy works and provide free 10 minute sessions for the participants. Many find the light to be rejuvenating for the soul, mind, and body. | #90



Enlightened Soul Communication

Isayel

Room: Continental B

Description and explanation of what a Soul Communica-



Practical Magic for Home Harmony

Olivia Bowen, ICF Certified Life Coach

Room: Continental C

Make magic from the mundane and bring more flow to your home. From getting kids out the door to meal prep and bedtime, this interactive workshop will teach you to create rituals that take your family from turmoil to tenderness. | #15



Yomassage: Spa Yoga

Jennifer Entremont

Room: Las Vegas

This trauma-informed class offers a fusion of therapeutic massage touch, restorative Yoga stretches, mindfulness meditation & breathwork to calm the nervous system and immerse you into deeper bliss. All attending participants will receive a special rate of \$25 towards an intro first hour massage in the studio. Pre-booking required after class. | #79

11:30 AM



Hypothyroidism - Do You Have It? How to Diagnose & Treat Properly

Stuart Saltzman

Room: Beverly

Hypothyroidism - do you have it? We'll discuss how to diagnose and properly treat hypothyroidism. | #19

Changing Your Story Through Hypnosis to Get the

PATHWAYS SPRING 2024 EXPO WORKSHOPS

Exploration • Enlightenment • Education • Engagement



Life You Want **Joy Cheriel Brown** **Room: Dallas**

The workshop will focus on how hypnotherapy is useful for a plethora of issues and problems found in everyday life. | #43



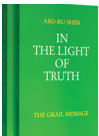
Meditation With Light and Auras **Mara Berman** **Room: Continental A**

Meet your angels and spiritual guides in an experiential meditation. Learn aura cleansing and chakra clearing. Experience the comfort of nourishing white light and twelve dimensional rings infused with light splashing down on your aura. Feel comfortable in your own energy. | #82



Limitless You - Five Principles to Connect With the True You **Morganne V** **Room: Continental B**

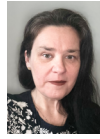
Morganne teaches audiences of how to connect with who you truly are, so you have the building blocks for real self-acceptance. Together, audiences are inspired to engage their divinity to connect with the part of us that yields genuine self-assurance. | #42



Live in the Present! **Joseph Badaki** **Room: Continental C**

Given worldwide news, we are losing our ability to be shocked or horrified. How should we live through these experiences? Based on learnings from *The Grail Message*, the speaker will share insights on this pivotal question of our time. | #4

Puzzling with Purpose: **Reaping the Benefits of**



Puzzling as a Hobby! **Dr. Helen O'Neill** **Room: Las Vegas**

The workshop walks attendees through the many benefits of jigsaw puzzling as a hobby. This offering focuses on wellness benefits such as mindfulness, anxiety reduction, spiritual growth and pursuit of happiness. | #50

1:00 PM



Channeled Messages From The Masters **Rev. Jim Webb** **Room: Beverly**

One of Pathways' most popular workshops! This incredible channeled session provides you with a chance to ask questions of THE MASTERS of Planetary Healing and Transformation, and receive a powerful healing. | #81



Clearing Your Perpetual Stories Through the Akashic Records **Bill Sanda** **Room: Dallas**

Akashic Records are the vibrational intelligence of every soul and its journey. You can clear your perpetual stories; heal long-standing challenges; and empower future choices! Unresolved experiences of your past lives can help you connect with your eternal Divine Self. | #12



Invitation to C.R.O.W.N. Yourself **Nicole Batiste** **Room: Continental A**

No matter how last year, yesterday, or even a few minutes ago turned out, each moment brings a new opportunity to CROWN yourself. CROWN

PATHWAYS SPRING 2024 EXPO WORKSHOPS

Exploration • Enlightenment • Education • Engagement

stands for Creating your Reality Owning your Wins Next-leveling your life. What will you do starting today to next-level your life? A reflections workshop with prompts to get your mind thinking about where you are and where you want to be. And how to get there. | #77



Let's Talk About JOY!

Liora Brunn

Room: Continental B

You are whole, you are accepted and you are loved exactly as you are. It is here that you can let go, awaken, and experience BEing Who You Really Are. So, let's get together and talk about JOY. | #62



Using Biofeedback Technology To Help Holistic Wellness Seekers Get To The Root Cause of Energetic Imbalances

Audra K. Woodley

Room: Continental C

An introduction to several quantum biofeedback devices and like modalities used to assist with energetically balancing the body and lessen the possibility of a prognostic disease and/or premature aging. | #23



Sahaja Yoga - Guided Meditation

Sahaja Yoga Member

Room: Las Vegas

Participants will be introduced to a unique method of meditation, which is rooted in ancient spiritual knowledge called *Sahaja Yoga*. We will use simple affirmations to awaken the inner dormant energy within us to re-balance emotional, physical and mental states. | #36

2:00 PM



Mediumship: How To Connect To Your Departed Loved One

Medium Annie Larson

Room: Beverly

Learn how to recognize and discover the many ways in which your departed loved ones are trying to communicate with you. Annie will lead you through an amazing mediumship experience — a small sampling of what you'll discover in her upcoming Psychic and Mediumship Development Retreat this May with Pathways. | #11



Introduction to Ayurveda

Meena Sankar

Room: Dallas

Learn about the historical roots and principles of this ancient healthcare science. Familiarize yourself with Ayurveda's approaches to achieving complete well-being. Understand the key guiding principles that form the basis of Ayurvedic healthcare. | #84-85



Ketamine's Role in the Psychedelic Revolution

Dr. Allyson Bloom

Room: Continental A

Our workshop will address how ketamine works on brain plasticity and remodeling, the efficacy of ketamine to treat mood disorders and chronic pain, and how ketamine can be integrated into holistic practice. | #49



Activate Your Inner Oracle

Dahlia Rose

Room: Continental B

Dahlia's mission is to activate as many channels & oracles as possible to stabilize the

PATHWAYS SPRING 2024 EXPO WORKSHOPS

Exploration • Enlightenment • Education • Engagement

consciousness evolution that mankind is moving through. Dahlia will go into a trance and share messages of support & healing. Come to ask questions surrounding your human experience; hear ways in which activating your inner oracle can support your personal journey! | #73



Sacred Death — Death Cafe Format

Hemali Vora

Room: Continental C

Come join and talk about death, loss, and grief. Learn about the role of the Death Doula. Learn about burial options and living funerals. Why having your affairs and all paperwork in order is so important. | #18



Story Yoga — From Grief to Gratitude: Retelling of an Ancient Indian Story

Vanita

Room: Las Vegas

Vanita is a trained storyteller. Here she'll be retelling an ancient Indian story of a king's journey from grief to gratitude (from an ancient wisdom text). She has been telling stories to facilitate inner transformation for the past 28 years. She braids her storytelling with her deep experience in the Bhakti Yoga tradition. | #5

3:00 PM



From Natural to Lightworker: Guidance for Developing Your Abilities

Uma Alexandra Beepat

Room: Beverly

You know you have the gift but you don't know how to use it or who to trust to help you

expand these abilities. Noted Psychic Mediumship Mentor Uma details the steps a lightworker takes to go from their natural abilities to developing them for use in the community. Her mentorship programs have helped hundreds of students since 2012. She's excited to help you get started on yours. | #55



Archangels 101

Cheryl Anne Ganzer

Room: Dallas

I will discuss how to connect with The Angelic Realm — Signs, Synchronized Numbers, and a brief description of each Archangel along with Halo color. This motivating, high vibrational lecture will also cover Affirmations, and the importance of gratitude and the power of our words to keep vibes high. | #7



Unravel the Mysteries of Karma and Reincarnation!

Cheryl Baker & Pam Wilson

Room: Continental A

How do the purifying forces of karma and reincarnation lead to true spiritual freedom? Together, we'll explore keys to embracing Soul's highest reality, tapping Divine Love, and using our unique gifts to serve all life. | #91



Stop Fighting Illness and Live Wellness

Johnnette Armstrong

Room: Continental B

Do you need to take dietary supplements? Are you confused about what supplements to take? Did you know some medications deplete your body? Let's talk through all the options available to you when it comes to supplements, and get tools to help you decide



PATHWAYS SPRING 2024 EXPO WORKSHOPS

Exploration • Enlightenment • Education • Engagement

how to choose the right ones for your needs. | #92



The Key to Divine Evolution...

Rev. Ingrid Jolly-Trayfors
Room: Continental C

...is in Involution — turning inward reveals the power of our soul's golden core essence. We hear the call to unify with the golden spark in all-natural life. Let's journey on "Creation's Wheel of Living Light" and anchor the "Golden Magic". Avillion of Universal Insight Handouts will be provided. | #102



Boosting Your Brain Power and Promoting Your Child's Financial Literacy

Becca Ferris
Room: Las Vegas

Part One: Learn how to boost your brain's powers — energy, creativity, clarity, focus, and memory. Part Two: Learn a fun way to boost your child's or teen's (7-17) financial literacy and entrepreneurship through the LEAP program. | #107

4:00 PM



You Have Your Answers Within to Unfold and Live Your Life Purpose Abundantly

Mara Spencer
Room: Beverly

Discover the secret of your life purpose and if you are on track to accomplish it. Through techniques, experience the power of your spiritual energy and your four psychic abilities to create more joy, abundance and fulfillment. | #80

Juicy, Sacred Sex
Stacey Gayer, PT/ "The Love



Consultant" **Room: Dallas**

Do you want to have a pain-free, more satisfying sex life? I can help you have more joy & success in the bedroom in 2024. Let's talk about Orgasms, Sacred Sex & all things bedroom. Join us! | #69



Unleashing Your Inner Navigator: A Journey Into Cultivating Intuition **Jennifer Rose**

Room: Continental A
Unlock the power of intuition in this transformative 50-minute workshop. Explore practical exercises, guided meditations, and insightful discussions to tap into your inner wisdom. Cultivate a heightened sense of intuition for confident decision-making and enriched life experiences. | #21



Cannabis 101: Educate & Alleviate **Princess Mirabal** **Room: Continental B**

Cannabis Karma & Lifeluxee present our Cannabis 101 workshop. It's a wonderful opportunity to learn about Cannabis therapy and CBD as an alternative medicine. Learn about your Endocannabinoid system and ask questions. We promote plant-based healing ideas. | #1



Living Through the Biggest Change in Human History: Preparing for the Next Three Years

John L. Petersen, Futurist
Room: Continental C
Internationally known futurist, John L. Petersen, illuminates the unprecedented events and trends driving the biggest change in human history. What's happening, where it's

PATHWAYS SPRING 2024 EXPO WORKSHOPS

Exploration • Enlightenment • Education • Engagement

going, and what you can do to be prepared for this extraordinary change. | #68



Creating Pure Far Infrared Light

Patricia Scott

Room: Las Vegas

Patricia Scott will explain the power and dynamics of the Relaxed Sauna's far infrared energy, how it works, and how to use it, as well as review the supporting research. | #105

5:00 PM



Manifesting With Your Angels and Trusting Your Vibes

Susan Lynne

Room: Beverly

This informative workshop will show you how to manifest, contact and communicate with your Angels. You will learn to trust your vibes and listen for the messages that are being sent to you. Discover the best ways to communicate with your Angels. Guided meditations will be included. | #14



9D Multi-Sensory Journeys

Roanne Calizo

Room: Dallas

Immerse yourself in cutting edge 9D (9 Dimensional) sound technology, transporting you to a larger inner world, facilitating heightened awareness and making you forget your physical surroundings. Also learn Somatic Breathwork and the other layers in 9D journeys. | #65



Light Your Inner Fire

Kimberly Hartke, Health & Wellness Advocate

Room: Continental A

You are full of light and energy; your body is an electro-mag-

netic organism. Explore how light therapy can improve your quality of life. Pain relief, better sleep, and cellular repair and regeneration are among the many benefits available with LifeWave! | #13



Align with Grace Para® Yoga Nidra — The Yoga of Sleep

Claudia Neuman

Room: Continental C

If you thought doing Yoga was all about twisting and bending, think again. Yoga is the practice of stilling the thoughts and acknowledging one's connection to all. Through the practice of Para® Yoga Nidra we will experience some of the divine. This practice is suitable for all. Come ready to rest! | #51



Visit Pathways Productions Booth #51 for Guest Gifts!

Stop by to learn about advertising, our Pathways Retreat Center and upcoming retreats, and to pick up your FREE GIFTS:

EXPO TOTE BAG

(limited quantity, while supplies last)

— PLUS BONUS GIFT — SOLAR ECLIPSE GLASSES*

(for the FIRST 100 ATTENDEES who come by - limit one per person)

**On Monday, April 8, the eclipse will be visible in the Washington, D.C. area between 2:04 p.m. and 4:32 p.m. EDT. Maximum eclipse will be at 3:20 p.m., with the sun 89% covered by the moon.*

PATHWAYS *Retreats*

Yoga • Meditation • Wellness

UPCOMING RETREATS • Blue Ridge Mountains, VA

A Weekend of
Messages and
Learning to
Channel
May 3–6, 2024
Dahlia Rose



Mediumship Retreat
May 17–20, 2024
AND
Alternative Healing
Retreat w/ Reiki
Level I Certification
& Yoga Alliance CEUs
June 21–24, 2024
Annie Larson



Sound Voyage
Meditation Retreat
June 7–10, 2024
Kat Souvertjis



The Maha Vira
Yoga Rest and
Reset Retreat
June 14–16, 2024
J Miles



Vibrate! Yoga and
Ayurveda Retreat
July 11–15, 2024
Anjali Sunita



Your Crowning Glory:
Journey to Your Authentic Self
July 25–28, 2024
Rhonda Rhodes and Nicole Batiste

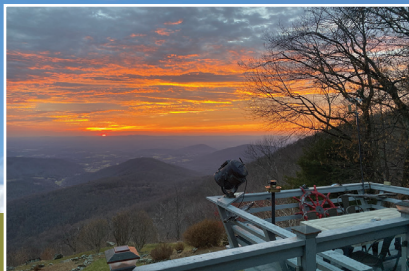


RETREAT REGISTRATIONS ARE OPEN!

Space Is Limited — Sign Up Now!

Learn More & Apply Online:

www.PathwaysProductions.com/retreats



***Planning your own retreat, wellness weekend,
work retreat, or even just a relaxing weekend
with friends and family?***

The Pathways Retreat House is available for you!

Enjoy our luxury accommodations surrounded by nature's beauty as you explore health and wellness, or just a spectacular mountain getaway.

Rent just the space, or take advantage of our additional services:

- Stocked fridge with pre-made meals
 - Fully catered meal with a Chef
- Massage • Yoga Classes • Readings
 - Wine Tours with Driver
- Airport/Train Station pick-up



For details, rates and booking inquiries:
pathwaysads@gmail.com
or 240-247-0393
PathwaysProductions.com/retreats



PATHWAYS SPRING 2024 EXPO EXHIBITORS

Exploration • Enlightenment • Education • Engagement

Expo exhibitors offer an amazing variety of mind-body-spirit-eco products and services! Please support the following businesses participating in our Spring Expo. **Note: the [*asterisk] at the end of the booth name indicates there is an associated Speaker Workshop. See the Workshop Schedule for details.**

9 Breakthroughs in Mindset Shift | #65
Immerse yourself in cutting edge 9D (9 Dimensional) sound technology, transporting you to a larger inner world, facilitating heightened awareness and making you forget your physical surroundings. Also try Somatic Breathwork and the other layers in 9D journeys.
www.9dbreathworktransformation.com

Alice Jones | #39
Alice "Alicja" Jones offers Spiritual and Past Life Readings, connecting with your Higher Self, Source, Angels, Archangels, and Ascended Masters, investigating Soul path/relationships, and Akashic Records.
www.AlicjaJones.com

Align With Grace / Para® Yoga - Claudia Neuman* | #51
The practice of Yoga is expressed in many ways. Most don't realize the goal of a regular practice is mind purification. Through the ancient practice of Yoga Nidra, the Yoga of Sleep, the mind is deeply healed. Stop by the Pathways Productions table to talk with Claudia, and to register for her upcoming Enlightened Rest 108 Yoga Retreat.
www.alignwithgrace.com

Alternative Bodyworx* | #79
A unique multifaceted alternative medicine holistic healing arts studio offering various forms of massage therapy, Yoga, nutrition & functional fitness.
www.alternativebodyworx.com

Amber Noelle | #34
What do you truly desire? Do you know your own heart? Let me aide your mission to find joy, your life's purpose or a deeper relationship with yourself. My goal is to help you reach yours — to encourage you.
www.ambernoelle.com/

Angelic Wisdom III* | #7
Cheryl Ganzer is a USUI Reiki master — and Divine Angelic Messenger — delivering powerful messages of love and light from The Archangels. In your 30-min. session you will learn how to cut cords with Archangel Michael and connect with the Archangels and Angels, and you will receive Divine messages on health,

love, family, career, etc. A special gift from the Archangels... A mini Reiki attunement and gift Michael good luck medal.
www.Angelicwisdom111.com

Antara Flow* | #77
Creating inner flow through energy clearing, brain health, stress/anxiety management, herbs, and more. Several services and products offered on site; stop by to see what you can get into. Ask me about my C.R.O.W.N. Retreat coming in April at the Pathways Retreat Center.
www.antaraflow.io

Artwork of Lotus Heartsong | #8
Live Painting, Original Art, Prints.
www.movementandart.com

Authentically Holistic, LLC* | #23
Using Biofeedback Technology to energetically balance the body.
www.AuthenticallyHolistic.com

Avillion Aura Imaging Photography* | #102
Avillion Aura Imaging Photography with Polaroid photo of Heart Chakra Vibrations, Chakra Report with 2 printed pictures, plus comprehensive Aura Care Package available with Spiritual Reading for Light Body Expansion.
www.avillion.org

Aya's Apothecary | #48
Apothecary with herbal remedies such as elderberry syrup, honey infusions, muscle rubs and teas.
www.ayagoddessbeauty.com

Bambootopia - Bamboo Products | #70
Bambootopia is known for their handcrafted bamboo walking sticks. We carry bamboo products from skincare, footcare, bamboo tea along with health and wellness bamboo items.
www.bambootopia.net

Beneventi Botanicals | #108
We create natural skin care, metaphysical supplies, crystals, spiritual gifts, art, and jewelry.
www.beneventibotanicals.com

Berooj Gems, Crystals & Jewelry | #53
Lapis, calcites, rubies, and several stones from Afghanistan and Pakistan.
www.berooj.com

Bethesda Salt Cave | #100-101
Amazing diverse wellness practice specializing in: the healing power of salt inhalation

PATHWAYS SPRING 2024 EXPO EXHIBITORS

Exploration • Enlightenment • Education • Engagement

Halo-therapy for upper respiratory conditions including Long COVID; Clinical Spa Massages, Aesthetics, Endospheres sculpting, toning and weight loss; Cryo-Therapy fat freezing; Lymphatic Drainage & Ionic Foot; and Infrared Detox services. Private and community group classes & workshops offered.
www.SaltCaveMD.com

Beyond with Becky* | #87

I am a Psychic Medium and Energy Healer, doing Tarot/Oracle card reading spreads. You can explore to help unstuck energy from trauma, grief or just day-to-day, as well as any unresolved life events or unanswered questions.
www.facebook.com/BeyondwithBecky

Black Star Jewelry | #46

Hand-tooled sterling silver jewelry with gemstones and designs never before seen. Himalayan Quartz Crystal Meditation Implements from Nepal. Carved Miniature Gemstone Deities. Specializing in unique Rings, Bracelets, Earrings and Pendants. Evocative Accessories.
www.blackstarjewelry.com

BN Wholistic Wellness + Thai by Linda + Quintessence Health & Wellness | #106

Be immersed in Reiki, Thai bodywork & stretch, and/or Sound bath. Nourish with raw, organic wholistic food & sea moss drinks by Quintessence Health & Wellness. Support your physical, emotional and spiritual journey with natural products, sea moss.

BodynBrain Yoga Tai Chi | #44

Yoga, Tai Chi, meditation and aura reading.
www.bodynbrain.com/locations/virginia/centreville

BrandArtYoga (BAY) | #103

Authentic handmade products and unique decoration to promote your creativity, spirituality and meditation. Holistic events, awakening workshops, psychic mediumship and intuitive readers, meditation, yoga, Reiki healing, ionic foot detox services, and much more! Check out our calendar of events!
www.brandartyoga.com

Cannabis Karma* | #1

Cannabis Karma's mission is to provide good vibes events to the community in a relaxed chilled environment while normalizing the adult use of cannabis. We offer safe full service access to adults 21+. We provide Consulting and Cannabis event planning.
www.cannabiskarma.org

Capitol Ketamine & Wellness* | #49

A newly available, physician-led practice in NWDC, offering breakthrough therapy for treatment-resistant depression, anxiety, PTSD, and chronic pain. Drs Bloom, Girma, and Woods are board-certified physicians and specialists in the use of Ketamine.
<https://capitolketamineandwellness.com/>

Coffee Karma Cafe | #96

We sell organic reishi mushroom coffee, tea and hot cocoa as well as coconut oil creamers. We will also offer products from our crystal jewelry division and our subscription box division.
www.homecafesubscription.com

The Conduit School by Crystal Cognizance* | #73

The Conduit School is a consciousness development center building a community of Sacred Pathfinders. Through ancient tools, technologies, and techniques that guide those who feel called to expand into the fullness of their true self and abilities while supporting them to embody their life's purpose through any path that is chosen. Join founder Dahlia Rose for free classes, discussions, support, and healing!
<https://crystalcognizance.com/>

Courtz Crystals - Magical Handmade Gem Globes | #109

Christial Balls© seen in a Vision. Light. Love. A giant Snow Globe with crystals, gems, water and gold glitter. The first form of Life is a crystal. These globes are excellent to keep Positive Vibrations in your life. Swirling glitter, cascading around the gems.
www.Courtzcrystals.com

Crown to Earth | #16

Licensed Aesthetician and all natural skincare.
www.CrownToEarth.com

CryoOxygen Clinic | #41

We believe wellness is a state of optimal physical, mental, and emotional health, and offer a range of modalities designed to help our clients achieve this, including cryotherapy, oxygen therapy, infrared sauna, and more. Each of these modalities is based on the latest scientific research and provides lasting benefits for: pain management and relief; injury recovery; improved flexibility, blood circulation and immunity; and so much more.
www.cryoxygen.com

Daring To Dream Now | #110-111

Crystals, Gemstones & Gifts. Beautiful crystals

PATHWAYS SPRING 2024 EXPO EXHIBITORS

Exploration • Enlightenment • Education • Engagement

in various forms. We have crystal specimens, raw stones, tumblers, spheres, points & towers. We also have a variety of carvings such as skulls, dragon heads, hearts, moons, stars and many more.
www.daringtodreamnow.com

della Terra Organics | #17

Wellness education and Self Care Consultations along with locally crafted (in the DMV), small batch, organic wellness products made 100% from plants! Self Care & Hygiene, Full Spectrum Cannabinoids & Plant Extracted Delta 8, Pet Care. Vegan, gluten free, eco-friendly.
www.dellaTerraOrganics.com

Divine Soul Empress | #88

As the understanding of self grows within the human population, there will also be many readers, healers and spiritual workers able to offer you guidance along the way. I help you bring the subconscious truth to the conscious mind for better awareness and understanding of self; you are able to take control of your life, thus allowing you to create a life you truly love.
www.divinesoulempress.com

Dreams of Stardolphin Visionary Art | #104

Gallery quality prints, embellished canvases, greeting cards, magnets, bookmarks and light encoded pendants and healing discs of my Original Artwork. I also have an Oracle Deck and three Children's books I wrote and illustrated.
www.stardolphin.com

ECKANKAR of Northern Virginia* | #91

Are you ready to embrace your spiritual freedom here and now? Reclaim your divine birthright through direct experience with the Light and Sound of God. Rediscover HU – the ancient, universal word of spiritual liberation – and so much more!
www.eck-va.org

Emerald Heart ~ Pathway to Healing | #24

I am a natural healer, psychic medium, medical intuitive and connect to past lives. This allows me to see choices made and what's coming in, giving you the opportunity to heal, and move forward on your journey.
www.EmeraldHeart.com

Enhanced Mind and Body | #37

An Energy Enhancement System you don't want to miss!

Enlightened Soul Communication* | #31

Soul channeling service via accessing the Divine realm and the Akashic records to facilitate clarity by providing guidance to help transform any aspect of your life, including health challenges, relationship challenges, work/business challenges, life purpose, or your soul's mission.

Exalt Pro Wellness* | #92

Ear candling, an ancient practice with roots in various cultures, promotes relaxation, relieves sinus pressure, and enhances overall well-being. Discover the natural approach to ear care that nurtures your ears and senses. Stop by to learn more.
www.Exaltprowellness.com

Frequence! Frequency Meets Nutrition! * | #107

Is your brain a little tired or slow? That's where Nootropics come in! They are special "brain vitamins" helping your brain work better – safe substances, often found in plants, to boost your brain's energy, clarity, creativity, and memory power. Stop by to try samples of RISE, a powerful Nootropic! Additional products include: SOURCE Trace Minerals; SYNC collagen; GABA and magnesium for restful sleep; BALANCE drops; CBD/CBG RELIEVE cream 2000mg; CBD/CBG, FACE moisturizing cream. Product info sheets and nutrition ingredients are available. All products are boosted with 11 harmonic frequencies.

Grail Foundation Press* | #4

Grail Foundation Press strives to generate widespread availability of *In the Light of Trine – The Grail Message* by Abd-ru-shin, a book which reveals the hidden connections of our existence and offers valuable guidance for the journey through life.
www.grailmessage.com

Healing Light of Jyorei* | #60

Experience a sensation of tranquility and well-being with a 10-min. "Jyorei" – a "purification of the spirit" healing practice from members of Shumei, an organization with an inclusive approach to spirituality that works with any religion, fostering health, happiness, and harmony for all.
<https://shumei.us/>

Healing Through Your Akashic Records* | #12

Akashic Records are the vibrational intelligence of every soul and its journey. You can clear your perpetual stories; heal long-standing challeng-

PATHWAYS SPRING 2024 EXPO EXHIBITORS

Exploration • Enlightenment • Education • Engagement

es; and empower future choices! Resolving emotional experiences of your past lives can help you connect with your True Self.
www.myakashichealing.com

Herbal Infusion | #6

We carry a large selection of Herbs, Vitamins, Minerals, and natural body products in addition to providing Colon Hydrotherapy, MLS Robotic Laser, Holistic Body Wraps, Ear Candling, Zyto Scan and so much more.
www.herbalinfusion.net

Hypnotherapy for Everyday Issues* | #43

At our booth, get a free consultation to see if or how hypnotherapy can help with an issue you are experiencing in your life.
www.joycherielbrown.com

Indigo Moon | #30

A local business for over 25 years, Indigo Moon sells unique wares from the exotic lands of India, Thailand and Nepal. You can shop their clothes, tapestries and jewelry at local festivals and markets. Instagram: @tapestryluv

Integrative Medicine of Northern Virginia* | #19

Functional Medicine, Integrative Medicine, Primary Care using Western and Chinese Medicine, Homeopathy, and Nutrition to treat and prevent acute and chronic disease.
www.imednova.com

Jennifer Rose Medium* | #21

Beyond the veil with Jennifer Rose Medium! Join her for extraordinary and profound connections and psychic insights. Elevate your spirit with a personalized mediumship experience. Limited slots available – Reserve yours now!
www.jennifer-rose-medium.com

Lemuria | #74

A Maryland-based company, we work with organic farmers and manufacturers committed to sustainable manufacturing practices. We invest in producers sharing a common goal of bringing healthy and nutritional herbs and personal care products to the world.
www.thelemuria.com

LifeWave Light Therapy* | #13

LifeWave is celebrating its 20th year in the health technology field. Now operating in 81 countries, LifeWave offers a nontoxic way to stimulate the body's own natural healing cycles. Stop by our booth to learn more!
<http://lifewave.com/kimberlyhartke>

Mara Berman Psychic, Light Meditations* | #82

Mara's Psychic information is derived from Aura colors, light sources using twelve dimensional rings, starseed energy, and the energy flow of the vortex. Readings involve Tarot cards, palmistry, and psychology to decipher complex questions.
www.maraberman.net

Medium Annie Larson* | #11

Annie Larson is a celebrated psychic medium, who provides evidence of the survival of consciousness to clients. She has been featured on TV, radio, podcasts, magazines & newspapers, including *The Washington Post*. In addition, she is Reiki Master Teacher, published astrologer, past life regression therapist, who has been helping and teaching clients with her insightful guidance, clarity, healing, classes, and retreats.
www.mediumAnnieLarson.com

Morganne V* | #42

Morganne is an intuitive holistic psychologist, coach and speaker who teaches about inclusive well-being. She helps you uncover thoughts in your subconscious mind while supporting you in your mental health, and developing a deeper connection with who you truly are.
www.morgannev.com

My Best Mid-Life | #56

Give YOURSELF the gift of vibrant health & wellbeing. I help Midlife women reclaim vibrant health, energy & weight loss, naturally. Stop by to see Joyce Kirshenbaum, Certified Health & Life Coach, for a FREE Transformational Discovery Session.
<https://mybestmidlife.com/>

My Tibet Shop | #98

Tibetan crafts and meditation supplies including Tibetan Singing bowls, incense, Mala Beads, statues and much more. We have been in business since 2006, helping Artisans of Nepal in a fair trade manner.
www.mytibetshop.com

Naturepedic | #25

Welcome to the organic mattress revolution! Since 2003, Naturepedic has been on a mission to transform the lives of our customers through safer, healthier sleep. By eliminating materials like flame retardants and polyurethane foam from our line of certified organic natural mattresses, Naturepedic supports an organic holistic lifestyle while protecting the environment.
www.naturepedic.com

PATHWAYS SPRING 2024 EXPO EXHIBITORS

Exploration • Enlightenment • Education • Engagement

Nekhbets Niche | #52

Nekhbets Niche is a custom creative solution... you dream it and I do my best to create it! I specialize in handmade healing crystal jewelry, organic body care products and services ranging from Tarot readings to doula and lactation. www.nekhhetsniche.com

New Spiritual Horizons* | #80

Reawaken your psychic abilities, unfold your life's purpose, and communicate with your team of spiritual helpers/angels. This is Practical Spirituality with the focus on helping you find your own answers and trusting your inner guidance. www.NewSpiritualHorizons.com

New View For You Shamanic Healing Practice | #58

Cheryl is a Shamanic practitioner helping clients to remove unwanted patterns and energy blockages to become their highest and best version of themselves to live a life of peace, joy, and abundance. Offering 15 minute energy clearing sessions. www.newviewforyou.com

Oil of Ru, LLC | #2

Oil Of Ru Beauty, Lifestyle and Organics. www.oilofru.com

OM Botanical Plant-based Skin Care & Beauty Products | #54

OM Botanical makes the safest and most effective plant-powered skincare. They've combined the best of Ayurveda and science. Their products are always clean, vegan, cruelty-free and packaged in carbon-neutral sugarcane tubes. Every OM Botanical product sold also plants a tree. www.ombotanical.com

Pathways Productions & Retreat Center | #50-51

Magazine. Events. Retreats. Marketing. Stop by for: information about advertising & marketing options through our quarterly publication and events; to learn more about upcoming retreats; to find out how you can submit articles for future issues; and to pick up your free EXPO TOTE BAG (while supplies last). www.pathwaysproductions.com

Peace & Laughter Holistic Boutique | #97

Premier metaphysical / holistic boutique located in downtown Haymarket, VA. Crystals, Energy Intention Wands & Pendants, Jewelry,

Candles, Oracle/Tarot decks and so much more. Thoughtful products services to support the Body, Mind, and Soul. www.peaceandlaughter.com

Powur Energy Solar | #35

Powur is the fastest growing National Residential SOLAR Company in the United States offering extraordinary value & experience for homeowners & an inspiring career path for Top Solar Professionals & Impact Entrepreneurs! <https://powur.com/rcraig.blume/>

Professional Holistic Reflexologist | #93

Brigitte Wiss, Clairvoyant & Gifted Certified Holistic Reflexologist since 2000 will rejuvenate you physically, emotionally & spiritually through her unique practice. She will customize your session to your needs. Not a foot massage! Not your typical Reflexology! Best for STRESS and more! www.reflexologyandbeyond.com

Puzzles with Purpose: Puzzling Prospects* | #40

Talking is sometimes hard to do, but not when you have something else to do. We specialise in wellness jigsaw puzzles. Our puzzles are unique in that they come with a guided journal to guide your thoughts and plans.

Quantum Intuitive Energy Healing* | #18

Reiki, quantum paradigm shift, intuitive guidance, channeling, Akashic Records reading, end of life energy healing. www.hemalivora.com

Relax Saunas* | #105

Relax Saunas are portable, affordable, personal-use saunas that help to remove toxins, reduce body fat, boost metabolism, and slow down aging while providing deep relaxation. www.relaxsaunas.com

Remnants of Magic | #47

Remnants of Magic creates the highest quality in handcrafted one-of-a-kind wire wrapped jewelry in sterling silver and 14k gold filled wire, Power bead bracelets, Crystal wands and much more. Power bead bracelets can help attain love, money, health and more. Every item sold through Remnants of Magic is chosen for its beauty and metaphysical properties thus ensuring you get a piece as magical as the person who wears it. www.remnantsofmagic.com

PATHWAYS SPRING 2024 EXPO EXHIBITORS

Exploration • Enlightenment • Education • Engagement

Ritual Light - Divine Self Care | #27

Products and tools to transform routines into self-care rituals with a deeper purpose to achieve a balance of the mind, body, and soul.

RX Wellness Spine & Health | #20

We offer brief, non-invasive spinal screenings by chiropractors. No adjustments, just insights. Plus, new patient appointments at a discounted rate.

www.rxwellness.net/

Sacred Nature Herbals & Coaching | #15

Embrace the magic in every sip and soak with our enchanting herbal teas and bath soaks.

While shopping spellcast products, chat with certified life coach Olivia Bowen about getting unstuck and bringing more magic, alignment, and ease to your life.

www.sacrednaturecoaching.com

Sahaja Yoga Meditation* | #36

Through Sahaja Yoga, you can achieve a state of meditation known as “thoughtless awareness”.

In this state, you experience and enjoy the present moment without any distractions from the past or future. And, it is Free.

www.dcsahajayoga.org

Sole Healing | #95

Providing reflexology and massage for shows, conferences, meetings or seminars. A great opportunity to have a sponsored area of relaxation and rejuvenation at your event. On site Corporate Wellness programs, business and private events, and girls' night out parties.

www.solehealingglobal.com

Souls Talisman Crystals | #99

Souls Talisman Crystals include high quality gemstones in each hanging crystal, Mala Necklace, Gem Elixir, and Crystal grid. We also have a wide variety of loose stones available. Each beautifully balanced talisman is created with Intuition and deep soul listening.

www.soulstalismancrystals.com

Spiritual Medium Rhonda - Soul Portraits | #78

Rhonda is an Evidential Psychic Medium and Spirit Guided Artist. She blends Art, Music, and Mediumship while channeling only the highest vibrations to create a personalized reading experience. Offering Psychic and Mediumship readings and one-of-a-kind Soul Portraits. Ask her about her C.R.O.W.N. Retreat coming in April at the Pathways Retreat Center.
www.spiritualmediumrhonda.com

Stacey Gayer, PT* | #69

Stacey is a PT who does one-on-one hands-on sessions. She utilizes her 25 years of experience, scientific research and her gift of intuition to treat the root causes of dysfunction and pain.

staceygayerpt.com

Sukyo Mahikari* | #90

Sukyo Mahikari provides free 10-minute energy sessions. Many find the energy to be relaxing and rejuvenating for the soul, mind, and body. Some achieve better clarity and sense of purpose in their lives.

Susan Lynne's Mediumlink* | #14

Susan Lynne is a gifted psychic & medium with over 30 years of experience. She uses all the clairs, angels, astrology, Tarot, numerology, spirit guides, and dream interpretation. Available for readings, consultations. CDs and other gift items for sale.

www.mediumlink.com

Takoma Metaphysical Chapel* | #81

The Takoma Metaphysical Chapel is an Interfaith Spiritual Community of love. We support your spiritual growth and development with classes, meditation and prayer calls, workshops and an uplifting, powerful Sunday celebration service.

www.takomachapel.org

The Artful Lightworker - Natasha Hightower | #33

Psychic Medium and Reiki Practitioner offering Mediumship & Life Path Readings as well as Reiki Healing.

www.theartfullightworker.com

The Helpful Herb, LLC | #38

Small batch herbal remedies and tea blends.

www.facebook.com/thhlhc

The Lotus & The Light Metaphysical Center* | #55

The Lotus and The Light is your hub for all your spiritual needs. Whether you are looking for spiritual development, conscious community or personal healing, we have you covered! Come check us out!

www.thelotusandthelight.com

The Saffron Books | #71

Our mission is to bring the teaching of Vedic scholars to a wider audience, promoting eastern wisdom and practices to alleviate stress and anxiety. This encompasses meditation, Yoga,

PATHWAYS SPRING 2024 EXPO EXHIBITORS

Exploration • Enlightenment • Education • Engagement

and practical spiritual wisdom to apply in your life.

<https://thesaffronbooks.com>

The Sanctuary Wellness Center* | #57

We are a community of integrative health practitioners dedicated to the flourishing of your health and vitality.

www.sanctuaryberryville.com

Tibet Sky Emporium | #94

Hand crafted and fair trade Tibetan Himalayan ethnic jewelries and Yoga clothing. As a social entrepreneur, I donate 10-20% of the profits to the village region in Tibet I left so long ago. Unique, mostly handcrafted clothes, jewelry, scarves, bags, and various accessories and cultural items from Tibet, Nepal and India.

<https://instagram.com/tibetskyemporium>

Total U | #75-76

Copper Jewelry, Crystals, Gems and Minerals.

Transition Talks: Live Life-changing Speakers in Berkeley Springs, WV* | #68

TransitionTALKS is a monthly live speaker series in Berkeley Springs, WV, that features world renowned presenters. Gregg Braden, Bruce Lipton, Regina Meredith, Penny Kelly, David Martin, Freddy Silva have all come to Berkeley Springs.

www.TransitionTalks.org

Triple Moon Waxcraft | #66

Handmade organic soy intention candles curated with crystals and homegrown herbs, as well as being poured during specific moon phases to further solidify that candles intentional energy.

www.Triplewickgoddess.com

Vedic Health Ayurveda* | #84-85

Ayurveda and natural healing center. We use ancient principles of Ayurveda to help people balance their doshas and promote healing within them.

www.vedichealth.org

VPS Stones | #63

Crystals, Gemstones, Essential Oils.

www.vpsstones.com

Warrenton Wellness - Light Therapy | #83

The Blu Room® is a patented technology that creates a relaxing atmosphere that insulates the user from the daily environment. Using light and sound the user experiences the calm of the consciousness-lifting environment. The

Blu Room® is not a medical device but it may facilitate healing in some individuals.

www.warrentonwellness.com

WildFire Haven | #64

I wish to share with others the ability to tap into self-healing, self-love and attuned sovereignty through magickal energetic healing of all 4 houses — physical, emotional, mental and spiritual. Akashic Records, Runes, Quantum Energetic Alignment, QHHT.

www.WildFireHaven.com

Worldwide Stretch Therapy | #9

Helping others increase their range of flexibility through specialized stretch techniques.

www.worldwidestretchtherapy.net

Yoga • Meditation • Spirituality • Vegetarianism • Ayurveda* | #5

ISKCON is an international organization dedicated to spreading spiritual knowledge and culture. It is based on the ancient texts of India such as the *Bhagavad-Gita* and *Srimad Bhagavatam*, and chanting of the holy names of God to become pure and bring peace and prosperity.

www.iskconbaltimore.org

Your Enchanted Tree LLC | #87

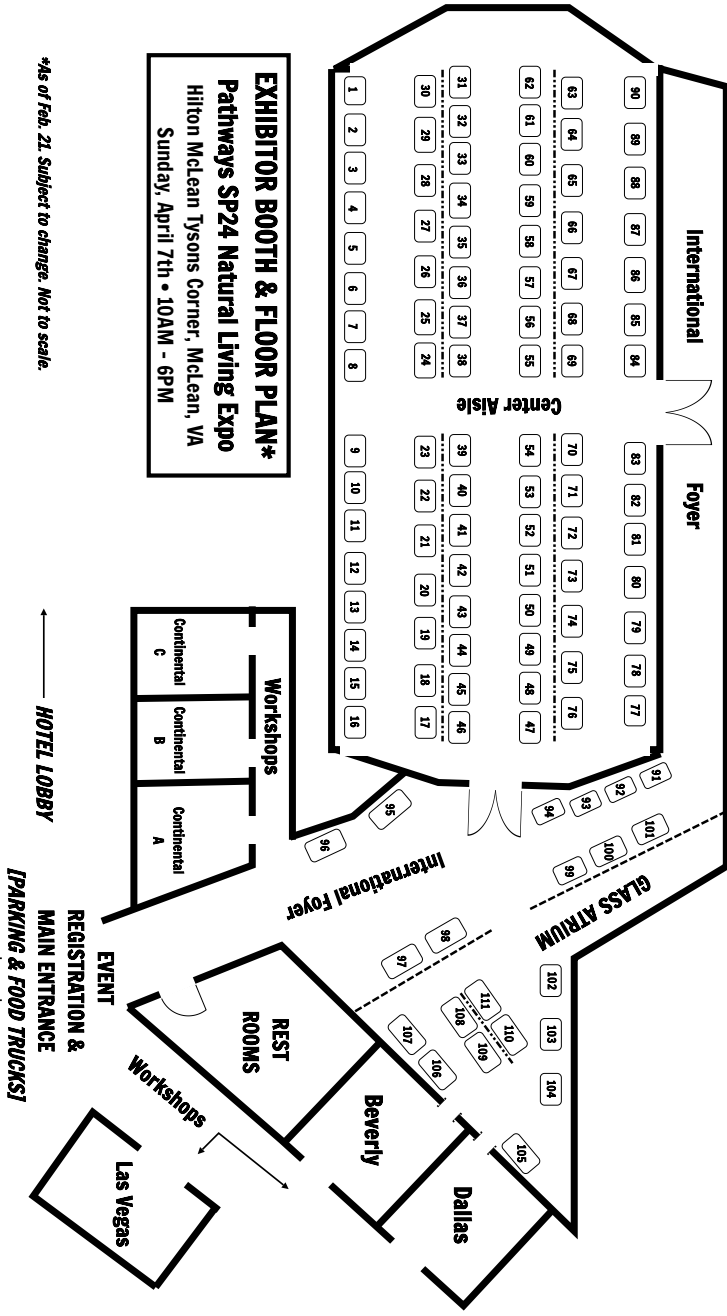
Intuitive Readings by Rev. Terry Lauria-Whalen, specializing in: Relationships, Karmic Lessons, Past Lives, Personal Transformation, Mediumship, Palm Reading, Astrology (Natal & Transit Charts), Hypnosis, NLP, Reiki, Karuna®, IET® Energy Healer and Master Instructor & Metaphysical Teacher.

www.yourenchantedtree.com

Zoetic Workshops* | #62

Zoetic Workshops help adults achieve creating the lives of their hearts' desire. And then they LIVE exactly those lives, bringing the spiritual into the practical.

www.ZoeticWorkshops.com



*As of Feb. 21. Subject to change. Not to scale.

Pathways Productions Presents...

FALL NATURAL LIVING EXPO



Sunday, October 6, 2024 • 10 AM - 6 PM

110+ EXHIBITORS ~ 40+ WORKSHOPS

\$10 ADVANCE TICKET ONLINE

NEW VENUE!

**SAMUEL RIGGS IV ALUMNI CENTER,
AT THE UNIVERSITY OF MARYLAND COLLEGE PARK**

7801 Alumni Dr, College Park, MD 20742

On University of Maryland Campus • Food Trucks On Site • FREE Parking Garage

ALTERNATIVE MEDICINE • ANGEL READINGS • ANIMAL WELL-BEING • ART
ASTROLOGY • AURA • PHOTOGRAPHY • AROMATHERAPY • AYURVEDA • BEADS
& CRYSTALS • BOOKS • CANDLES • CBD • CHAKRA BALANCING • CHIROPRACTIC • CLOTHING • COACHING • CRAFTS • DENTISTRY • ENERGY HEALING
ESSENTIAL OILS • FITNESS • HEALTH PRODUCTS • HERBS • HOLISTIC DOCTORS
HYPNOSIS • JEWELRY • LEARNING CENTERS • MASSAGE • MEDITATION
METAPHYSICS • MUSIC • NUTRITION • PAIN MANAGEMENT • PALM READING • PHARMACIES • PSYCHICS • PSYCHOLOGY • QIGONG • REFLEXOLOGY • REIKI • SHAMANS • RETREAT CENTERS • SKIN CARE • SPIRITUAL CENTERS • STONES
SUPPLEMENTS • TAROT • WEIGHT LOSS • YOGA • MUCH MORE • SPEND THE DAY!

**The Pathways Event of the Season!
The Premiere Mind-Body-Spirit Event in the DMV!**

**EXPLORATION
ENLIGHTENMENT
EDUCATION
ENGAGEMENT**

More Information:

[www.PathwaysProductions.com/expos-and-events/
naturallivingexpo@gmail.com](http://www.PathwaysProductions.com/expos-and-events/naturallivingexpo@gmail.com) | 240-247-0393

