

Pathways Productions Presents...



SUNDAY, JUNE 7 • 10AM - 6PM

80+ Exhibitors • 30+ Workshops • Outdoor Fun

The Pathways Event of the Season!

Samuel Riggs IV Alumni Center at the
University of Maryland - College Park, MD

Exploration • Enlightenment • Education • Engagement



PATHWAYS SUMMER 2026 EXPO!



Welcome to the Pathways Community!

The Summer Natural Living Expo is a special time for our community to gather and welcome in the season. We are so happy to have all of you here — new and returning exhibitors, workshop presenters and our wonderful guests — for a full day of peace, love and collective, radical joy.

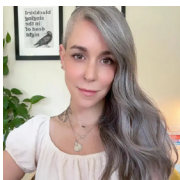


We're grateful to our participating vendors and workshop speakers, all of whom graciously share their products, passions and expertise. We want you to shop, network, learn and connect with one another. Get enlightened and educated, and don't forget to support these businesses now and going forward.



We're also excited to end our show with a closing ceremony that blends spoken word and live sound healing to help you exhale, integrate, and carry the day's magic home. Lend your voice, vibration, and presence during this interactive hour, which invites you to release what no longer serves, honor what you've received, and step back into the world feeling whole. Come as you are. Leave transformed.

And don't forget to stop by the Pathways table to learn about our print & online advertising options, our retreat center, and to pick up your FREE TOTE BAG and other giveaways (*limited quantity, while supplies last*).



The Expo is a safe space, inclusive and wonderfully diverse. Our collective coherence brings the energy and light sorely needed in these chaotic times so we can recenter and get grounded. Enjoy the event, be kind to everyone, protect our Mother Earth, and pray for peace.

With heartfelt gratitude,
Erin, Michelle, Amaya and Bailey

Other Important Expo Information

- See Event Map & Floor Plan on the program's inside back cover. Workshop rooms are located down the hall directly off of the entrance rotunda, as well as under the Main Patio Tent in front of the venue.
- Restrooms are located directly off of the entrance rotunda, and down the workshop hallway.
- Food options are located outside the Main Expo entrance on the Main Patio. They will be onsite 9:30am - 5:00pm.
- ASL Interpreters are available on a first-come, first-served basis for our hard-of-hearing and deaf guests. Connect with them outside of the Maryland Room off the entrance rotunda.

SUMMER 2026 EXPO WORKSHOP SCHEDULE-AT-A-GLANCE*

	Room: CRIST EXECUTIVE BOARD RM	Room: MARYLAND CLUB	Room: CHANEY LIBRARY	Room: AAI CONFERENCE RM	OUTDOOR PATIO TENT
10:30 AM	Experience the Light Bruce McBanette	Improved Circulatory Health in Just 8 Minutes Twice a Day! Dr. Rebecca Verma, MS, DVM, Reiki Master	5G, the Silent Carcinogen Stealing Your Health Dr. Tracey Diner	Wellness Without Drugs Nancy Cook	Becoming Sovereign Tiffany Moore
11:30 AM	Astrology & the Nervous System: Understanding Your Stress Patterns & Path to Self-Care Yoo-In Kang	Meditation with Light and Aurās Mara Berman	Three Basic Self-Hypnosis Exercises: The Zone, Power Self, and Being Donald Pelles, PhD, Certified Hypnotherapist	Hair Loss Decoded: Understanding the Whole Health Connection Florida Myers	Spice Up Your Health: Using Herbs & Seasonings as Everyday Wellness Tools Rosaline D. Law
1:00 PM	Your Journey to Wholeness, Akashic Records & Light Language Bill Sando	"If Not Now, When?" Prosperity Principles in Action Elizabeth Gensler	Sacred Whispers of the Spirit World™: A Guided Practice for Protection Blairlie Kapoor	From Corporate to Woo: Permission to Stop Hiding the Best Parts of Yourself Maria Noboa	Surviving Stress Naturally Julia Flynn Werra
2:00 PM	Channeled Messages on Current Events Rev. Jim Webb	Unlock Your Intuition, Unlock Your Higher Self Carmen Froment	Nightly Dream Experiences: NDEs Without Nearby Dying! Maurice Bell and Rayka Manoharan	Natural Harmony in Dentistry: The Benefits of Meta-Free Ceramic Implants Dr. Sammy Nounbissi	Everyday Magic: Using Sound, Ritual, and Intention to Reconnect With Yourself Kim Kizla
3:00 PM	Got Eyes? Got Ancestors? Amy Gillespie Dougherty	Destiny Reloaded: Healing Imbalance Through Self Care Sonya Ward	Tea with a Homeopath Abby Beale	Life Visioning Guided Practice Jennifer Norton	You Are What You Think - The Power of Thought! Johnette Armstrong
4:00 PM	Everyday Spirituality: Intuition or Coincidence? Spiritual Medium Rhonda Rhodes	Why Do Our Minds Wander? How Attention Shifts, Breaks, and Reorganizes – and What to Do When It Does Mercedes Lanev	Meditation or Medication Rev. Edith Washington-Woods, DMin.	Sacred Death – Death Cafe Format Hemali Vora	The Mystery of Our Aura in the Cerebral and Natural Worlds Rev. Ingrid Jolly-Taylor
5:00 PM	Intology: What Your Eyes Say About Your Health Gerard Andrews	Anti-aging Technology Barbara Kenyon	Manifesting With Your Angels and Trusting Your Vibes Susan Lyme	Creating Pure Far Infrared Light Patricia Scott	Ceremony & Sound! Spoken Word and Live Sound Healing Maria Noboa + Friends

PATHWAYS SUMMER 2026 EXPO WORKSHOPS

Exploration • Enlightenment • Education • Engagement

Pathways Expo Workshops bring mind-body-spirit-eco topics to life! Our speakers represent some of the best and brightest in their fields. The number listed at the end of each description indicates the speaker's associated booth number.

10:30 AM



Experience the Light!
Bruce McBarnette
Room: Crist Exec. Board Rm
Practitioners from Sukyo Mahikari will discuss how the "light" energy works and provide free 10 minute sessions for the participants. Many find the light to be rejuvenating for the soul, mind, and body. | #60



Improved Circulatory Health in Just 8 Minutes Twice a Day!
Dr. Rebecca Verna, MS, DVM, Reiki Master, Advanced DNA ThetaHealer
Room: Maryland Club
Circulation Station How does the right Medical Device change lives dramatically? Discover how enhanced Energy and Optimized Wellness can be achieved with today's leading PEMF technology. This fun and educational presentation tells how being informed can support Vitality, Recovery, and overall Health! | #52



5G, the Silent Carcinogen Stealing Your Health
Dr. Tracey Diner
Room: Chaney Library
Learn how to counteract the damaging effects of EMFs on our health. Simple solutions to decrease your exposure and protect your electric energy in this high tech world! | #55



Wellness Without Drugs
Nancy Cook
Room: AAI Conference Rm
More people than ever are exploring holistic ways to support their health—without relying solely on medications or quick fixes. Here you'll be introduced to a gentle, innovative approach to wellness using light therapy patches designed to support the body's natural processes. If you're curious about natural options that

feel simple, practical, and aligned with your body, Nancy explains the science and life-changing benefits. | #8



Becoming Sovereign
Tiffany Moore
Main Patio Tent
FREE yourself from the FEAR programs trapping you in the density of the earth matrix! RECLAIM the HIGHER ascension path lost in the 'Fall of Man', restoring your cosmic identity, memory, and Source connection. Initiate Teacher Tiffany Moore shares how to RISE above the distortions to Reclaim your stellar birthright. You are a divine spark of God Consciousness. Remember your mission here. Stand in your power to complete it! | #6

11:30 AM



Astrology & the Nervous System: Understanding Your Stress Patterns & Path to Self-Care
Yoo-Jin Kang
Room: Crist Exec. Board Rm
Your birth chart can reveal how you respond to pressure, conflict, and change. This workshop blends astrology with somatic awareness to help participants recognize their stress patterns and explore supportive ways to regulate their nervous system and cultivate whole-person self-care routines. | #2



Meditation with Light and Auras
Mara Berman
Room: Maryland Club
Meet your angels and spiritual guides in an experiential meditation. Learn aura cleansing and chakra clearing. Experience the comfort of nourishing white light and twelve dimensional rings infused with light splashing down on your aura. Feel comfortable in your own energy. | #58



Three Basic Self-Hypnosis Exercises: The Zone, Power Self, and Being
Donald Pelles, PhD, Certified Hypnotherapist
Room: Chaney Library
I will introduce THE ZONE, POWER SELF, and BEING, short but powerful self-hypnosis/meditation exercises. Participants

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who wish will get to experience hypnotic trance for themselves.

| #37



Hair Loss Decoded: Understanding the Whole Health Connection *Folonda Myles*

Room: AAI Conference Rm

Discover how hair loss often reflects underlying health imbalances. This workshop explores the connection between scalp health, nutrition, stress, and overall wellness. Learn how to recognize early signals, understand possible root causes, and gain practical insight into holistic strategies that support healthier hair growth from the inside out.

| #49



Spice Up Your Health: Using Herbs & Seasonings as Everyday Wellness Tools *Rosaline D. Law*

Main Patio Tent

A fun interactive workshop featuring herbs, teas, anti-inflammatory foods, and healthy cooking education from Spice Queen's Kitchen. You could even bring samples. | #51

1:00 PM



Your Journey to Wholeness, Akashic Records & Light Language *Bill Sanda*

Room: Crist Exec. Board Rm

Unlock the energetic lessons of your past — cellular memories, past lives, and beyond — through the Akashic Records. Bill Sanda offers clear, compassionate access to this vast vibrational field, helping you release old patterns, heal deep wounds, and align with your Divine Self. | #5



"If Not Now, When?" Prosperity Principles in Action *Elizabeth Gensler*

Room: Maryland Club

Use spiritual laws of the Universe to create abundance! Prosperity speaker and coach, Elizabeth Gensler, used the laws of prosperity to create a successful business...and her husband! Elizabeth recently spoke about sustaining prosperity on the podcast "Miracles of Prosperity," hosted by Rev. Jim Webb. At the



Sacred Whispers of the Spirit World™: A Guided Practice for Protection *Bhartte Kapoor*

Room: Chaney Library

Learn to consciously shield, stabilize, and protect your energy in high-stress environments. In this experiential session, Bhartte Kapoor shares protection frameworks from Sacred Whispers of the Spirit World™, integrating guided meditation, breathwork, awareness practices, and Soulz Voice™ aromatherapy. Includes Q&A for emotional resilience, grounded authority and inner strength. | #80



From Corporate to Woo: Permission To Stop Hiding the Best Parts of Yourself *Maria Noboa*

Room: AAI Conference Rm

For anyone who's ever pulled a Tarot card before a big meeting, burned sage on a Sunday to survive Monday, or felt deeply called to a more intuitive life but stayed quiet about it out of fear of judgment. Drawing from my own journey from cybersecurity and Google Cloud to Reiki practitioner and Akashic Records reader, this session creates a safe space to name what you've been hiding, reclaim your intuition as a professional asset, and leave with a personal ritual and a cheat sheet — from you, to future you. No experience necessary. Just a willingness to finally stop pretending you're only one thing. | #45



Surviving Stress Naturally *Julia Flynn Werre*

Main Patio Tent

Stress is not your life. It's a frequency you've been sitting in. In this talk, you'll learn how to shift your state, calm your system, and return to yourself using simple, natural tools that reset your energy in minutes. Feel clear. Feel grounded. Feel like you again. | #22

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2:00 PM



Channeled Messages on Current Events

Rev. Jim Webb

Room: Crist Exec. Board Rm

We face a bewildering array of issues today. Spirit has a perspective that can help us understand & navigate it all, and find peace despite the turmoil. In this extremely popular workshop, Spirit will interpret current and likely future events in the social, political, national and international realm, providing guidance, support and wisdom to make sense out of the senseless and find peace where peace is hard to find. The guidance we receive from the Masters can help everyone navigate any life challenge. | #3



Unlock Your Intuition, Unlock Your Higher Self

Carmen Froment

Room: Maryland Club

“What is the difference between premonition and intuition? Where does intuition come from? Is intuition coming from the mind, the heart or the solar plexus? In this workshop, we will do a special exercise to help develop your intuition and also do a special LASER meditation to uplift humanity. | #46



Nightly Dream Experiences: NDEs Without Nearly Dying!

Maurice Bell and Rayka Manoharan

Room: Chaney Library

Explore how your nightly dream experiences are windows to heaven. You don't have to nearly die to discover yourself as Soul, an eternal spark of God. Learn practical techniques to remember and interpret your dreams. Gain more love, happiness, and deepen your connection to Divine Spirit. | #65



Natural Harmony in Dentistry: The Benefits of Metal-Free Ceramic Implants

Dr. Sammy Noubissi

Room: AAI Conference Rm

Discover a natural approach to restoring your smile in this informative and inspiring workshop on ceramic dental implants.

Unlike traditional metal implants, ceramic implants are metal-free, safe, and highly biocompatible—designed to support your overall health as well as your teeth. Join us to explore how these advanced implants harmonize with the body, reduce potential sensitivities, and provide a strong, lasting, and beautiful solution for missing teeth. Whether you're seeking a healthier alternative or simply curious about holistic dentistry, this workshop will empower you with knowledge to make choices that align with your well-being.

| #35



Everyday Magic: Using Sound, Ritual, and Intention to Reconnect With Yourself

Kim Kizzia

Main Patio Tent

Join Kim of Manifestation

Makers for a gentle, grounding workshop exploring how sound, ritual, and intention can help you reconnect with yourself and create more peace in daily life. Through reflection, intentional practices, and a mini sound bath, you'll leave with simple ways to bring more softness and magic into the everyday. | #39

3:00 PM



Got Eyes? Got Ancestors?

Amy Gillespie Dougherty

Room: Crist Exec. Board Rm

Come discover the amazing world of your ancestors and how they show up in your life and in your eyes. One of the greatest self-discovery tools has always been within our grasp. Explore the My Eye Origin app and get your free report at the show. | #24



Destiny Reloaded: Healing Imbalance Through Self Care

Sonya Ward

Room: Maryland Club

Modern life often leaves us depleted, overwhelmed, and disconnected from the rhythms that sustain our well-being. Sonya Ward inspires and shares how intentional self-care becomes a powerful tool for restoring balance in body, mind, and spirit. Drawing from natural wellness traditions, plant-based self-care, and personal transformation,

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explore how small daily rituals such as mindful rest, nourishing botanicals, & emotional awareness can help us reset the nervous system and realign with our greater purpose — a reminder that healing begins when we choose ourselves. | #41



Tea with a Homeopath Abby Beale

Room: Chaney Library
Would you like to know more about homeopathic medicine? The lead author of *Homeopathy Primer: Getting Started With Homeopathy* book has crafted this informal and thoughtful conversation to introduce you to homeopathy through the eyes of an experienced homeopath. Bring your questions! | #33



Life Visioning Guided Practice Jennifer Norton

Room: AAI Conference Rm
The Life Visioning Process is a guided experience structured to provide a place in individual consciousness where the Divine Idea may manifest itself. We participate in this process through sacred listening, in order to catch Spirit's Great Vision for our Lives. | #1



You Are What You Think - The Power Of Thought! Johnnette Armstrong

Main Patio Tent
We will discuss the power of our thoughts, what prevents us from achieving our goals, and I'll give you some tools to create the life you want! | #82

4:00 PM



Everyday Spirituality: Intuition or Coincidence? Spiritual Medium Rhonda Rhodes

Room: Crist Exec. Board Rm
Join Spiritual Medium Rhonda and learn how to connect with Spirit, which is not an elusive thing. Discover ways we can connect to Spirit on a daily basis. Hear about Rhonda's own Spiritual journey; learn of the steps she took, and how learned discernment can resonate with others' own experiences. | #56



Why Do Our Minds Wander? How Attention Shifts, Breaks, and Reorganizes — and What To Do When It Does

Mercedes Laney
Room: Maryland Club
Why do our minds wander, even when we intend to focus? This experiential session explores how attention shifts, fragments, and reorganizes in real time. Participants will engage in a guided practice to observe these patterns directly and learn a simple, repeatable way to return attention with greater awareness and intention. | #7



Meditation or Medication Rev. Edith Washington-Woods, DMin.

Room: Chaney Library
Many people are longing for greater peace, balance, and inner stability, so meditation has become more essential than ever. We will explore & experience several forms, including Unity's foundational approach, known as "Practicing the Silence." Learn methods for overcoming resistance to meditation, and simple, effective techniques for building a consistent practice Whether you are new to meditation or seeking to deepen your spiritual discipline. Receive grounded guidance, experiential practice, and supportive tools to help you cultivate a life anchored in peace, balance, clarity, inner strength and self-care. | #29



Sacred Death — Death Cafe Format Hemali Vora

Room: AAI Conference Rm
Come join and talk about death, loss, and grief. Learn about the role of the Death Doula. Learn about burial options and living funerals. Why having your affairs and all paperwork in order is so important. | #12



The Mystery of Our Aura in the Cerebral and Natural Worlds

Rev. Ingrid Jolly-Trayfors
Main Patio Tent
We live in an Electro Magnetic World. All living things emit an electric current; it surrounds the body as electromagnetic fields, the Aura. These fields in motion

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produce color, and each has its specific rhythm. Thus, our true body is a vast spectrum of light, sustaining & driving our physical form, health and well-being. It also attracts circumstances that could enhance or deplete its energy, affecting physical well-being. Let's find this magical being changing this world into what it's destined to be. Handouts provided. | #75

5:00 PM



Iridology: What Your Eyes Say About Your Health **Gerard Andrews**

Room: Crist Exec. Board Rm

What if your eyes revealed more about your health than you realized? Explore the fascinating world of iridology and learn how practitioners observe patterns related to stress, energy, digestion, and constitutional wellness through the iris. | #32



Anti-aging Technology **Barbara Kenyon**

Room: Maryland Club

We will take you through a quick journey of the aging body and how you can stop and reverse that process. | #17



Manifesting With Your Angels and Trusting Your Vibes **Susan Lynne**

Room: Chaney Library

This informative workshop will show you how to manifest, contact and communicate with your Angels. You will learn to trust your vibes and listen for the messages that are being sent to you. Discover the best ways to communicate with your Angels. Guided meditations will be included. | #4



Creating Pure Far Infrared Light **Patricia Scott**

Room: AAI Conference Rm

Patricia Scott will explain the power and dynamics of the relaxed sauna's far infrared energy, how it works, and how to use it, as well as review the supporting research. | #54



Ceremony & Sound! **Maria Noboa + Friends** **Main Patio Tent**

Join us for a closing ceremony blending spoken word and live sound healing to help you exhale, integrate, and carry the day's magic home. Through voice, vibration, and collective presence, this interactive hour invites you to release what no longer serves, honor what you've received, and step back into the world feeling whole. Come as you are. Leave transformed. Hosted by Maria Noboa, Transformation Architect & Experience Designer of The TiMa Group, and Your Whole-Human Growth Partner™. | #45

PATHWAYS FALL
NATURAL LIVING EXPO

SAVE THE DATE...

OCTOBER 25, 2026

**Hilton McLean-Tysons Corner,
McLean, VA**

Exhibitor Space Available!
Expo Booth + Ad Packages
Exhibitors Workshop Eligible
PathwaysProductions.com/vendor-info



CEREMONY & SOUND!

Main Patio Tent - 5pm - 6pm

Join host Maria Noboa + friends for an interactive closing ceremony blending spoken word and live sound healing. Through voice, vibration, and collective presence, we'll exhale, integrate, and carry the day's magic home. Come as you are. Leave transformed.

Fun.



Halal Tikka Cuisine



Khepra's Raw Food Juice Bar



IzzySizzles Culinary Pop-Up

Visit our local food vendors, offering fresh, organic, and veg/vegan options to keep you nourished.

Main Patio | 9:30am - 5pm

Food.

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Expo exhibitors offer an amazing variety of mind-body-spirit-eco products and services. Please support them! *Note: The [asterisk] indicates there is an associated Workshop Speaker. See the Workshop Schedule for details.*

Adnolof Hair: The Restorative Approach to Physical and Holistic Alignment (RAPHA) for Hair & Scalp Health* | #49

Understanding Hair Loss Through Whole Health. Explore the connection between hair health and whole-body wellness. This booth offers microscopic scalp scans, Zyto body scans, hair and scalp analysis, tongue analysis, and curated retail products. Learn what your hair and scalp may be revealing about your overall health and discover holistic solutions. adnolofhair.com

Aura Photography - Shining Vitality | #36

I offer Aura Photography and a complete description of the colors revealed in my aura cave. My clients can view their aura and see how the energy infusion can change it. 20 minute session, \$45. shiningvitality.com

Avillion of Universal Insight* | #75

Avillion Aura Photography with Ultra Imaging. We provide: Polaroid Photo of heart Chakra, Chakra Report with 2 printed Full Body Pictures, Comprehensive Aura Care package, Interpretation & Spiritual Reading upon request. Avillion.org

Bambootopia - Bamboo Products | #76

Bambootopia is known for their handcrafted bamboo walking sticks. We carry bamboo products from skincare, footcare, bamboo tea along with health and wellness bamboo items. www.bambootopia.net

BEMER Group* | #52

BEMER Circulatory Therapy: Experience an 8-minute BEMER EVO session to boost circulation, enhance energy, support recovery, and promote overall wellness. Learn how gentle PEMF technology can help optimize your body's natural healing and performance. Stop by for your complimentary session and feel the difference! PawsHolisticCare.Bemergroup.com

Better Wellness OlyLife* | #17

The Pgo Plus is an advanced wellness device that uses pulsed electromagnetic field (PEMF) technology combined with terahertz frequency to support the body at a cellular level. Designed to mimic the Earth's natural electromagnetic environment, it helps restore balance in a world where we're often disconnected from true grounding.

BN Wholistic Wellness + Thai Yoga Touch by Linda + Quintessence Health & Wellness | #74

Thai Bodywork/Stretch, Reiki, Live & Raw F.O.O.D., Wholistic Wellness products. Allow us to help you stimulate your self-healing and release stress with Thai bodywork/stretch...relieve tight, sore muscles and aches, open channels for elevated lymphatic & energetic flow; the subtle, yet profound energy of Reiki to remove blocks in the spirit.

Botanicals, Health and Wellness* | #32

Healing through Iridology, using herbs and nature to help bring your body back to balance. gerardthedetoxcoach.com

BrandArtYoga (BAY) | #71

Authentic handmade products and unique decoration to promote your creativity, spirituality and meditation. Holistic events, awakening workshops, psychic mediumship and intuitive readers, meditation, Yoga, Reiki healing, ionic foot detox services, and much more! Check out our calendar of events! www.brandartyoga.com

Breathing Starlight, LLC | #21

Small Veteran-owned business of handmade Pagan goods, services, and oddities. www.breathingstarlight.com

Coffee Karma Cafe | #72

We sell organic reishi mushroom coffee, tea and hot cocoa. We also sell gluten free snacks and beverage accessories. www.homecafesubscription.com

College Park Psychic | #59 & 78

Offering psychic palm and Tarot card readings, as well as specializing in chakra healing and balancing works with a bio magnetic amethyst crystal healing energy mat.

Creations by Sha | #73

At Creations by Sha, we are dedicated to reimagining denim to help you tell your unique story. We believe that denim isn't just fabric; it's a canvas for self-expression, a statement, and a narrative waiting to unfold. www.creationsbysha.com

Daliha Musina | #10

We will be selling our premier products: handmade, non-toxic, shea-based lotion, goat milk soap and lip balm. www.dalihamusina.com

Daring To Dream Now | #62-63

Crystals, Gemstones & Gifts. Beautiful crystals in various forms. We have crystal specimens, raw stones, tumblers, spheres, points & towers. We also have a variety of carvings such as skulls, dragon heads, hearts, moons, stars and many more. www.daringtodreamnow.com

Eckankar, The Path of Spiritual Freedom* | #65

Step into the ECKANKAR Booth and spin the Wisdom Wheel for an uplifting quote just for you. Get a free book from 20 different topics such as Dreams, Soul Travel, Solving Problem, Health and Healing, Inner Guidance, and many more. Relax with headphones and experience HU, a sacred sound. www.eckankarmaryland.org

Epona Innovative Services, LLC | #88

Compassionate Energy Work for People and Animals. An experienced Reiki practitioner, Beth applies meditative techniques to focus energy that increase client relaxation and promote mind and body coming into balance. Let's talk about potential benefits for you and your animals, and please ask about a free distance Reiki introductory session. www.eponainnovativeservices.com

Exalt Pro Wellness* | #82

Ear candling, an ancient practice with roots in various cultures, promotes relaxation, relieves sinus pressure, and enhances overall well-being. Discover the natural approach to ear care that nurtures your ears and senses. Stop by to learn more. www.Exaltprowellness.com

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Flourish Baltimore | #14

We are a lifestyle boutique featuring holistic Essentials for the Urban Villager. Natural fiber clothing, crystals, sage, plant-based candles, metaphysical books and spirit readings.
flourishbaltimore.com

Grounded Clarity LLC | #44

Stop by for the opportunity to receive a free "Match" session (\$22 value) to evaluate if spiritual coaching could help in developing their intuition, connect with a higher power, or address other matters. Match sessions are offered on a first come, first served basis while supplies last.
groundedclarityllc.com

Healing through your Akashic Records* | #5

Akashic Records are the vibrational intelligence of every soul and its journey. Through the Records, you can resolve recurring patterns and issues; heal long-standing challenges; and empower future growth and choices! Releasing emotional energy from your past lives can help you connect with your eternal Divine Self.
www.myakashichealing.com

Heavenly Bodies Live Integrated Wellness* | #51

Stop by Coach Ros's interactive wellness booth to experience a vibrant blend of holistic health education, herbal wellness, nutrition support, and self-care products designed to help you feel your best from the inside out.
www.heavenlybodieslive.com

Hemali Vora LLC* | #12

Providing intuitive healing, Reiki, channeling, holistic health & wellness.
www.hemalivora.com

HerbaLi | #34

HerbaLi draws inspiration from a family tradition of herbal poultice craftsmanship that dates back more than 160 years, passed down through five generations. Our goal is to bring this traditional external wellness concept into a modern format that supports everyday muscle and joint comfort while remaining gentle and convenient.
www.herbalife.com

Holistic Health Products | Smith LLC | #11

Offering holistic health products including natural cleansers for the home, EWG verified skin care, natural supplements, and more.
smithliving.net

Holy Heart Healing: Spiritual Shamanic Healer | #20

Spiritual healers that will help cleanse the energy field of the client and help remove any negative energies that are on or around a person. These simple cleanses will help the client feel better and lighter with the energies off the shoulders to feel more yourself.

Homeopathy Primer* | #33

Explore the powerful world of using homeopathic medicine at home through the Homeopathy Primer book and remedy kits. Learn simple healing principles and how to use the remedies for yourself and your family.
homeopathyprimer.com

Hypnosis Silver Spring* | #37

We will discuss and demonstrate hypnosis and self-hypnosis, including relieving pain, "The Zone"

and "Power Self". Participants will have a wonderful and enlightening experience!
www.hypnosissilverpring.com

InTouch Therapies | #26

In Touch Therapies offers handcrafted frankincense resin serums and boswellic acid infusions. These wonderfully scented resin oils have many helpful properties for your well being. Also offered are curated crystals from all over the world that uplift your mind, body, spirit and home.
www.intouchdreaming.com

Irigenics® Ancestral Eye Reading* | #24

Discover the amazing world of your ancestors and the treasure map you inherited in your eyes. Your eyes reveal your gifts and talents, as well as your ancestors' unresolved traumas. You can even see ancestral images (in their time & period clothing).
irigenics.com

Jennifer Norton - Embracing Brilliance* | #1

Jennifer is a Licensed Spiritual Practitioner offering Affirmative Prayer and Oracle Readings. Her paperback, *Embracing Brilliance: Contemplations on Liberating our True Nature* will be available, with links to ebook and audiobook versions, as well several pieces in support of your inner Life Artist, including hats, bags, journals, stickers and more!
www.jennorton.com

KarmaFest MarketPlace | #40

KarmaFest MarketPlace has handmade and hand-curved metaphysical and holistic products for Body Mind and Spirit as well as Festival Shawls and Ponchos!
www.karmafest.com/marketplace

Kent Brown Fitness | #77

Mr. Fitness is a Master Fitness Trainer, Holistic Herbalist, Natural Pro Bodybuilder and Nutritionist. I offer fitness training and Top Quality Herbal & Organic Vegetable Food Supplements formulated to help you.
kentbrownfitness.com

La Calderia | Freeze-dried Bone Broth | #23

La Calderia crafts small-batch, organic freeze-dried bone broth made from regeneratively sourced bones. Convenient, portable, and designed for clean eating, our broth supports energy, gut health, recovery, and glowing skin. Perfect for wellness seekers and busy lives, it brings ancestral nourishment wherever life takes you.
www.lacalderia.com

LifeWave Brand Partner (BP)* | #8

LifeWave Independent Brand Partner. LifeWave Light Therapy Patches. LifeWave is a global health technology company founded by American Scientist David Schmidt. Our revolutionary wellness patches use the stimulus of light from our own body to create positive health changes. Whether you desire pain relief, deeper sleep, more energy or more beautiful skin we can help!
lifewave.com/kimberlyhartke

LivOn Labs | #31

LivOn Labs changed the way we take vitamins by introducing the first supplement to provide elite absorption in the cells. Stop by the Wellness Shot Bar to try Lypo-Spheric® Vitamin C, the cult classic way to build resilience at the cellular level since 2004.
livonlabs.com

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Magnetude Jewelry* | #55

Magnetude Jewelry is an interchangeable wearable wellness fashion jewelry. Made with healthy bio-magnets and healthy frequencies. Wear beautiful jewelry that's actually good for you! Our jewelry helps increase blood flow, decrease pain, assist with better sleep and counteract the harmful effects of EMFs from cell phones, wifi, and computers. www.magnetudejewelry.com

Manifestation Makers* | #39

Manifestation Makers blends spirituality, creativity, and healing through handcrafted ritual tools, oracle readings, sound baths, and intention-infused goods. Our mission is to help people find comfort, connection, empowerment, and moments of magic in everyday life through accessible spiritual practices. manifestationmakers.com

Marconics: The Human Upgrade | #6

Marconics Ascension Energy Recalibrates the body to thrive in higher realities, heals subtle bodies, repairs and activates higher spiritual DNA bringing all aspects of SELF into Unification with Source as Masters of Co-creation and Manifestation. marconics.com

Maria Noboa Rivera of The Decompression Den | Reiki, Oracle & Intuitive Art* | #45

Known for creating spaces where people finally get to exhale, Maria brings that same healing energy to the expo floor. Stop by for a Reiki session, oracle card pull, or find your piece of original intuitive artwork. Sign up at the booth for a virtual Akashic Records reading from the comfort of your own home and receive an exclusive event discount. thetimagroup.com

Miles of Smiles Implant Dentistry* | #35

Led by Dr. Sammy Noubissii, a pioneer in metal-free dental implants with over 20 years of experience serving the greater Washington, D.C. metropolitan area. He believes oral health is deeply connected to overall well-being, dedicating his practice to using only safe, biological, and biocompatible materials for tooth replacement. With an excellent compassionate team, he provides personalized, state-of-the-art dental care, combining advanced technology, ozone therapy, and carefully selected materials to ensure long-lasting, natural, and healthy results. www.milesofsmilesdental.net

My Best Midlife - Health & Life Coaching | #27

Give YOURSELF the gift of vibrant health & well-being. I help Midlife women reclaim vibrant health, energy & weight loss, naturally. Stop by to see Joyce Kirshenbaum, Certified Health & Life Coach, for a FREE Transformational Discovery Session. www.mybestmidlife.com

My Tibet Shop | #68

At MyTibetShop, we are passionate about bringing you the essence of Tibetan culture through our exquisite handmade products. Our collection includes enchanting singing bowls, stunning silver jewelry, and essential meditation supplies, all crafted with love and care by skilled artisans — a perfect opportunity to find unique, ethical and mindfulness gifts. www.mytibetshop.com

Mystical Corner of Inner Wisdom | #19

Tea leaves readings, Tarot readings, Runes readings, Lip prints readings. SandaEnlight.com

Nature Gems | #61

We sell 925 Sterling Silver jewelry with Precious and Semi-Precious Gemstones. Nature Gems provides gemstone jewelry to help heal your body and mind naturally. Each stone has its own significance and healing power, e.g., wearing the January birthstone, Garnet, represents faith and enduring, and increases willpower and energy while calming the mind. The soothing blue Larimar gemstone helps harmonize the body and soul. Come learn more about the various gemstones and how they can benefit your life. Instagram: [@naturegems87](https://www.instagram.com/naturegems87)

Oil Of Ru Skincare, Beauty and Wellbeing* | #41

We're excited to showcase our line of organic skincare, wellness, and beauty products. Oil Of Ru is dedicated to enhancing your natural radiance with high-quality, organic solutions that support healthy skin, hair, nails, and weight loss. Our products are designed to help you feel your best from the inside out, empowering you to embrace your beauty and well-being. Discover how our luxurious, nature-infused skincare can transform your daily routine. www.oilofru.com

OM Botanical Organic Skincare | #28

Looking for the safest and most effective plant-based skincare? OM Botanical products are made using all-natural bio-active organic ingredients. All their formulas are clean, microbiome friendly, vegan, and cruelty-free with focus on sustainability. Made in the USA, packaged in carbon-neutral sugarcane tubes, they also plant one tree for every product sold. www.ombotanical.com

ORYGN triGLP Weight Loss | #85

For those seeking a sustainable alternative to pharmaceutical injections, triGLP drops are the answer — simple, effective, and ultra-pure. Support your weight loss journey with a nutritional supplement — a triple-patented, naturally-derived peptide complex — that helps quiet "food noise", supports fat loss & metabolism, encourages balanced blood sugar, promotes steady energy (no crash) and more. Pure. Potent. Proven. www.bvictorious.net

Pathways Productions & TETHYS Mountain House

Magazine. Events. Retreats. Marketing. Stop by to pick up your free TOTE BAG (*while supplies last). Talk to staff about advertising & marketing options through our quarterly publication and events; learn more about upcoming Retreats and how to host your own at our property in Virginia's Blue Ridge Mountains; learn how to submit articles for future issues. www.pathwaysproductions.com

Paul Gorman, Local Author | #87

Paul Gorman is a local architect and author presenting 12 of his recent books of spirit communications. Extraordinary information is revealed about healing the mind to manifest our desires, life after death, consciousness, and the spirit world. Messages from God Mind, angels, animals, spirits of influential people, and more. pauljgormanarchitects.com

Powerful Intention LLC | #38

Discover sacred made simple. Powerful Intention offers crystal jewelry, sustainable clothing, and spiritual tools—including oracle decks and ritual kits—designed to help you slow down, reconnect, and live with meaning. Visit our booth to experience calm, beauty, and intention woven into everything

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you wear and use.
powerfulintention.com

Prince William Home Improvement | #43

We are a family-owned company established in 1986. We specialize in replacement decks, patios and outdoor living space. Our Trex decks are made almost entirely of recycled materials! Come see us to schedule a free design consultation to elevate your outdoor living space!

www.pwhomeimprovement.com

Professional Holistic Reflexologist | #79

Brigitte Wiss, Clairvoyant & Gifted Certified Holistic Reflexologist since 2000, will rejuvenate you physically, emotionally & spiritually through her unique practice. She will customize your session to your needs. Not a foot massage! Not your typical Reflexology! Best for STRESS and more!

www.reflexologyandbeyond.com

Prosperity Coaching* | #30

Use spiritual laws of the Universe to create abundance! Prosperity speaker and coach, Elizabeth Gensler, used the laws of prosperity to create a successful business... and her husband! Join Elizabeth in prosperity coaching sessions as she empowers others to create their best life.

mediabridgeproductions.com

Psychic Readings By Mara Berman* | #58

Psychic information is derived from Aura colors, light sources using twelve dimensional rings, and star seed energy and meditating with the energy flow with the earth vortex. Readings involve tuning in your aura colors and images, Tarot cards, timing, palmistry, and understanding life questions to provide answers.

www.maraberman.net

Purple Sky Holistics | #64

Purple Sky Holistics creates herbal blends for both external and internal uses, spiritual cleansing tools, and consultation services. Our products and services empower the release of stagnant energetic flows in various body systems such as the digestive, lymphatic, and Yoni system. Consultations are encouraged! purplekyholistics@gmail.com

Purus Health | #50

Purus Health uses a non-invasive spectrophotometry scan of your hand to measure heavy metals, minerals, and vitamins in your body's tissue. In just a few seconds, we can identify what may be preventing you from being healthy. We then use natural medicine to bring your body back into balance.

www.purus.health

Readings by Frances | #57

Intuitive readings incorporating Tarot, heart-to-heart conversations, a little humor, and angel wisdom to help you heal, grow, and tune in to what your spirit already knows. You have power. I'd love to help you remember it.

www.readingsbyfrances.com

Relax Saunas* | #54

Relax Saunas are portable, affordable, personal-use saunas that help to remove toxins, reduce body fat, boost metabolism, and slow down aging while providing deep relaxation.

www.relaxsaunas.com

Rhonda Rhodes, Intuitive Arts Medium* |

#56

Evidential Spiritual Psychic Medium & Spirit-guided artist Rhonda blends art, music, and Mediumship.

Connecting with your team and hers, Rhonda channels only the highest vibrations for the greatest good of the sifter. Because of her LOVE for music, many call her "the music Medium".

www.spiritualmediumrhonda.com

Rose Crystal Healing | #9

Rose Crystal Healing offers sessions that weave crystals, flower essences, and Reiki together to strengthen your connection to Spirit and address the stresses we face in these times. I'm a Certified Crystal Practitioner (HMCA) and a Holy Fire III Karuna Reiki Master.

www.rosecrystalhlcg.com

RUNE + FAE | #66

Rune + Fae is an herbal soap apothecary specializing in aromatherapeutic mystic cleansing body care. We provide intentionally crafted bar, liquid, and cream soaps, scrubs, lotions, anointing oils, perfume, and candles, so you may replenish and renew yourself using only non-synthetic ingredients from nature.

runeandfae.com

Sage and Ember Designs | #16

Sage and Ember Designs comprises the hand-made work of Liza Hamilton - artist, jeweler, and clairvoyant medium. Her shop has handcarved, cast talismans, handmade earrings and chains, and handmade art. Please stop by the booth and meet the artist.

sageandemberdesigns.com

SN Tibet and Himalayan Handicrafts | #83

Specializing in Tibetan singing bowls, gong and meditation accessories, unique handmade dresses, jewelry, bags, tapestry. We have been participating in the holistic and healing expos for over 25 years.

facebook.com/samphelnorbuTHH

Soul's Talisman Crystals | #67

Soul's Talisman Crystals offers handmade Hanging Crystals, Gemstone Bracelets, Mala necklaces, Gemstone Elixirs, Crystal Grids, and Loose Stones to balance your mind, body, soul, and space. Each beautifully balanced talisman is intuitively selected, designed, and arranged with love, joy, and inspiration. Individual attention is given to each person.

www.soultalismancrystals.com

Soulz Voice™ Essential Oil Blends* | #80

Soulz Voice™ offers premium, plant-extracted essential oil blends designed for holistic wellness. Authentically sourced and research-inspired, our oils support stress relief, emotional balance, better sleep, immunity, and family care. Free from synthetic additives, Soulz Voice™ promotes natural healing, relaxation, and mindful living through pure, intentional botanical aromatherapy for everyday wellness.

soulzvoice.com

Spiritual Pathways Holistic Healing | #25

Spiritual Pathways empowers individuals on their journey toward optimal well-being. We specialize in integrative health practices, combining the power of herbal and nutritional therapy to address the root causes of health imbalances. Our approach focuses on healing the body, mind, and spirit, offering personalized care tailored to each client's needs.

www.sph.org

Sukyo Mahikari* | #60

Sukyo Mahikari provides free 10-minute energy sessions. Many find the energy to be relaxing and rejuvenating for the soul, mind, and body. Some achieve better clarity and sense of purpose in their lives.

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Summit Family Health | #42

Summit Family Health brings primary care directly to your home. Visit our booth to learn how our nurse practitioners provide personalized, in-home care for the whole family — from newborns to seniors — with a holistic approach to health and wellness right here in Maryland.
summitnurse.com

SunPsychic Jean Psychic Medium | #13

SunPsychic Jean connects with departed loved ones and pets, delivering clear, validating evidence and heartfelt messages. She channels Spirit Guides, Angels to support healing and spiritual growth, and tunes into your soul's vibration to provide valuable insightful guidance, clarity, and aligned direction for your highest path.
www.sunpsychicjean.com

Susan Lynne's Mediumlink* | #4

Susan Lynne is a gifted psychic & medium with over 30 years of experience. She uses all the clairs, angels, astrology, Tarot, numerology, spirit guides, and dream interpretation. Available for readings, consultations. CDs and other gift items for sale.
www.mediumlink.com

Takoma Metaphysical Chapel* | #3

The Takoma Metaphysical Chapel is an Interfaith Spiritual Community where all spiritual paths are supported with love. We support your spiritual growth and development with classes, meditation and prayer calls, workshops and an uplifting, powerful Sunday celebration service. Come get a reading or healing.
www.takomachapel.org

The Aquarian Team / Divine School* | #46

The Aquarian Team and the Divine School have merged their activities. We promote the wisdom and love as taught by Master Omraam Mikhael Aivanhov who is recognized as one of the rare Western Masters. His Teaching offers methods and formulas for the future and the coming of the Aquarian Age.

The Feel Better Store — Home of Healthy DNA Candy* | #22

Our plant-based, quantum-infused lozenges and grounding pendants are designed to support chakra alignment, emotional balance, and nervous system regulation in real time. Infused with negative ions and botanical intelligence, these tools help restore clarity, boost energy, deepen rest, and shield your field from disruptive EMFs. Come taste the shift.
healthydnacandy.com

The Soul Shepherd | #86

Eileen Strange has a lifetime of experience in the field of holistic wellness. She is the founder of The Soul Shepherd, which provides spiritual and holistic wellness. She is an Intuitive empath, providing psychic, mediumship (often with medical intuitive work). She is currently doing individual readings, shows, groups and workshops.
www.thesoulshepherd.com

The Stillwater Room | Contemplative Education* | #7

The Stillwater Room offers a structured, experiential approach to understanding attention. Attendees can engage in brief guided experiences to observe how attention shifts in real time and learn how to return to it. Information on workshops, small group sessions, and private contemplative practice will also be available.
thestillwaterroom.com

Total U | #47-48

Copper Jewelry, Crystals, Gems and Minerals.

TRIBE, Inc. | #18

TRIBE is a non-profit organization dedicated to the empowerment of Black Girls. Our annual Formation Conference teaches our girls to uplift and advocate for one another so they can go on to be champions for the World. Table proceeds go towards donations, it takes a Village to support a TRIBE!
www.blackgirltribe.com

Unity of Gaithersburg* | #29

Unity's foundation is rooted in prayer and meditation. We are a positive, practical, progressive and metaphysical approach to Spirituality based on universal principles. Unity honors all spiritual paths. We embrace loving our neighbors like we love ourselves as an action. We invite you to join us on Sundays at 11am in person or live stream on our YouTube channel and Facebook page.
www.unityofgaithersburg.org

VPS Stones | #70

Born out of a vision to heal with some of our planet's most precious natural elements, we are a small business involved in the world of gemstones, crystals, jewelry and essential oils to bring happiness and prosperity in life; we devote much time, energy, and love to everything we do. We believe in the Power of Healing through the energy from Crystals, used to clear blockages from negative energy and bring balance to mind, body and soul.
www.vpsstones.com

Whole You Behavioral Health | #15

Whole You Behavioral Health provides holistic evidence-based psychiatric care for children, teens, and adults. Visit our booth to learn about our services. Meet our providers, ask questions about mental wellness, and explore resources for anxiety, depression, ADHD, and more.
www.wholeyoubh.com

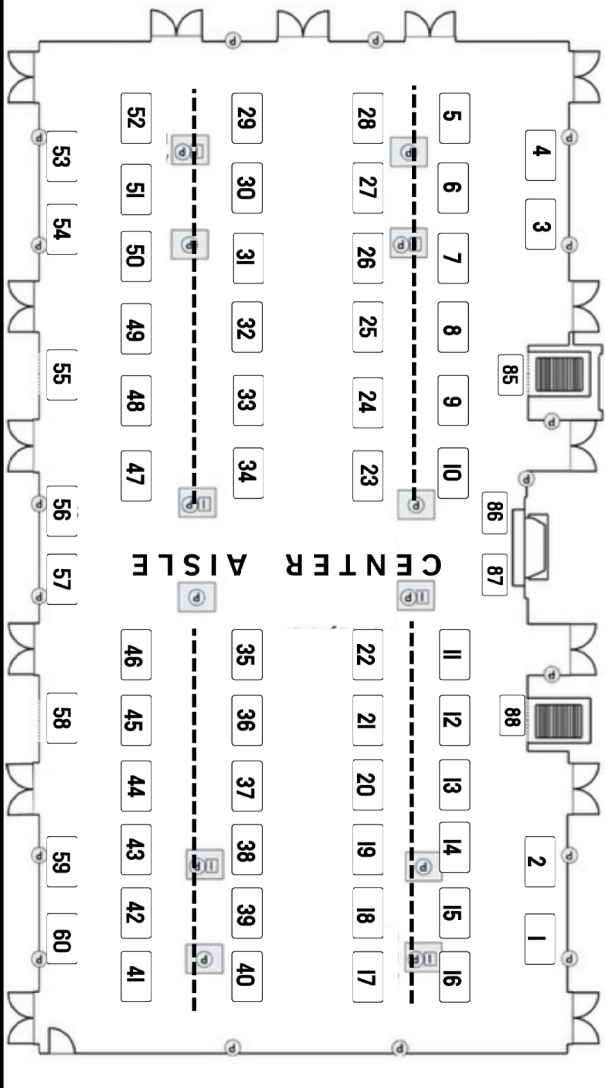
Wonderful Wellness | #53

As a highly skilled medical medium & clearing practitioner, I can visually see inside your physical body and deep within you to unfold and clear the driving forces that support what's causing issues in your life. During these sessions, I remove and clear past life imbalances, patterns, trauma, thought forms, entities, and other factors causing known and unknown issues. If you have anxiety, PTSD, or physical illness you are not happy with, I work to clear the driving factors. In the first 25 seconds of the session, I clear your chakras and your fields before going deeper and looking in your physical and soul bodies. When the session is over, I provide specific details about what was discovered and cleared; I share what information came forward specifically to help guide your path forward in addressing issues in your life. This info and clearing is most often life-changing.

Yoojiflows - Astrology, Healing Justice, and Workshops* | #2

Astrology + Tarot readings, zodiac collage art prints, and cosmic self-care guidance with executive coach and astrologer Yoo-Jin Kang. Stop by for mini readings, astrology art, and more!
www.ykangconsulting.com

Exhibit Hall*

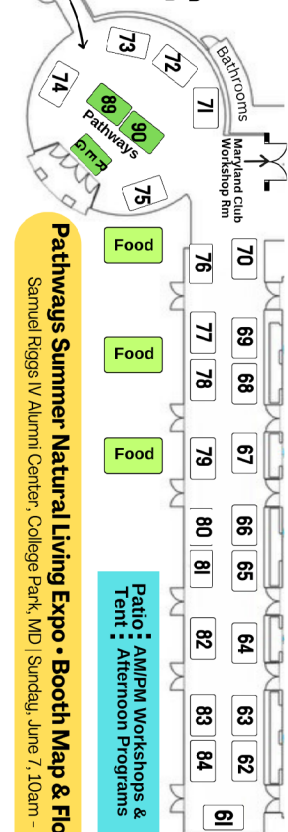


(*Not to scale)

Main Entrance:
Event Registration
Rotunda & Atrium

Halway To
Workshops Rooms:

- Crist Executive Board Rm
- Board Rm
- Chaney Library
- Exits to Food Trucks



- Food
- Food
- Food

Patio: AM/PM Workshops & Afternoon Programs

Pathways Summer Natural Living Expo • Booth Map & Floor Plan*

Samuel Riggs IV Alumni Center, College Park, MD | Sunday, June 7, 10am - 6pm

FLOAT & FLOURISH: Summer Camp for Grown Folx

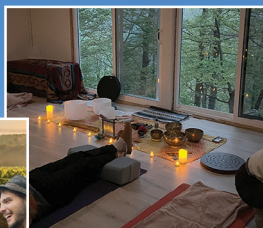
with Anjali Sunita & Erin Desabla

August 13–17, 2026
(with option to stay the 18th for free time)

Come away to the mountains for a weekend of gentle movement, nature, relaxation, and connection.

Highlights include:

- Tubing on the Shenandoah River w/ Downriver Canoe Co. (weather permitting)
- Flat Top Mountain Community Pool Party
- Picnic Lunch at the local vineyard
- Gentle Movement Classes
- Delicious vegetarian food
- Included Thai Yoga Bodywork sessions for individuals
- Hot tub soaking & breathtaking Shenandoah Valley views



Pathways Retreat Center

Located outside Charlottesville, VA, within 2.5 hours drive from the DC Metro & surrounding areas. The 34-acre mountainside property boasts spectacular views, trails and streams.

HOME FEATURING:

- 6 Bedrooms (sleeps up to 16 ppl) + Den
- 3 Full Bathrooms
- Full Kitchen & Dining Room
- Living Room w/ Gas Fireplace
- Wraparound Deck w/ Outdoor Seating
- Outdoor 10-person hot tub & decks
- Hi-Speed WiFi



Program designed & led by:

Anjali Sunita

ERYT-500, YACEP, Hatha Yoga Instructor, Ayurvedic practitioner, former founder of Baltimore Yoga Village and creator of Village Life Wellness.

Erin Desabla

Owner & Publisher of Pathways Productions LLC, a full service mind body spirit eco production company in the DMV.