

SUMMER 2026 EXPO WORKSHOP SCHEDULE-AT-A-GLANCE*

	Room: CRIST EXECUTIVE BOARD RM	Room: MARYLAND CLUB	Room: CHANEY LIBRARY	Room: AAI CONFERENCE RM	OUTDOOR PATIO TENT
10:30 AM	Experience the Light! Bruce McBarnette	Improved Circulatory Health in Just 8 Minutes Twice a Day! Dr. Rebecca Verna, MS, DVM, Reiki Master	5G, the Silent Carcinogen Stealing Your Health Dr. Tracey Diner	Wellness Without Drugs Nancy Cook	Becoming Sovereign Tiffany Moore
11:30 AM	Astrology & the Nervous System: Understanding Your Stress Patterns & Path to Self-Care Yoo-Jin Kang	Meditation with Light and Auras Mara Berman	Three Basic Self-Hypnosis Exercises: The Zone, Power Self, and Being Donald Pelles, PhD, Certified Hypnotherapist	Hair Loss Decoded: Understanding the Whole Health Connection Folonda Myles	Spice Up Your Health: Using Herbs & Seasonings as Everyday Wellness Tools Rosaline D. Law
1:00 PM	Your Journey to Wholeness, Akashic Records & Light Language Bill Sanda	"If Not Now, When?" Prosperity Principles in Action Elizabeth Gensler	Sacred Whispers of the Spirit World™: A Guided Practice for Protection Bhartte Kapoor	From Corporate to Woo: Permission To Stop Hiding the Best Parts of Yourself Maria Noboa	Surviving Stress Naturally Julia Flynn Werre
2:00 PM	Channeled Messages on Current Events Rev. Jim Webb	Unlock Your Intuition, Unlock Your Higher Self Carmen Froment	Nightly Dream Experiences: NDEs Without Nearly Dying! Maurice Bell and Rayka Manoharan	Natural Harmony in Dentistry: The Benefits of Metal-Free Ceramic Implants Dr. Sammy Noubissi	Everyday Magic: Using Sound, Ritual, and Intention to Reconnect With Yourself Kim Kizzia
3:00 PM	Got Eyes? Got Ancestors? Amy Gillespie Dougherty	Destiny Reloaded: Healing Imbalance Through Self Care Sonya Ward	Tea with a Homeopath Abby Beale	Life Visioning Guided Practice Jennifer Norton	You Are What You Think - The Power of Thought! Johnnette Armstrong
4:00 PM	Everyday Spirituality: Intuition or Coincidence? Spiritual Medium Rhonda Rhodes	Why Do Our Minds Wander? How Attention Shifts, Breaks, and Reorganizes — and What To Do When It Does Mercedes Laney	Meditation or Medication Rev. Edith Washington-Woods, DMin.	Sacred Death — Death Cafe Format Hemali Vora	The Mystery of Our Aura in the Cerebral and Natural Worlds Rev. Ingrid Jolly-Trayfors
5:00 PM	Iridology: What Your Eyes Say About Your Health Gerard Andrews	Anti-aging Technology Barbara Kenyon	Manifesting With Your Angels and Trusting Your Vibes Susan Lynne	Creating Pure Far Infrared Light Patricia Scott	Ceremony & Sound! Spoken Word and Live Sound Healing Maria Noboa + Friends

*Current as of 6/2/26